

SUMMER LEVEL 4, 5, 6 MENU—WEEK 1&2 LUNCH & SUPPER

LEVEL 4		LEVEL 5		LEVEL 6
MAIN MEAL				
VEGETABLE & BEAN CASSEROLE		VEGETABLE & LENTIL CASSEROLE		VEGETABLE BAKE
BEAN CHILLI		MEDITERRANEAN VEGETABLES		CHEESE & ONION PIE
TOMATO & BASIL PASTA		MACARONI CHEESE		VEGETABLE & LENTIL CASSEROLE
VEGETARIAN SAUSAGE & MASH		CHEESET POTATO PIE		MACARONI CHEESE
MACARONI CHEESE		SALMON & DILL		FISH PIE
SALMON IN BUTTER SAUCE		CHICKEN & VEGETABLE CASSEROLE		SALMON RISOTTO
CHICKEN & VEGETABLE CASSEROLE		CHICKEN CURRY		HAM IN PARSLEY SAUCE
CLASSIC COTTAGE PIE		CLASSIC COTTAGE PIE		CHICKEN IN GRAVY
BEEF CHILLI		RICH BEEF STEW		CHICKEN IN MUSHROOM SAUCE
STEAK & MUSHROOM CASSEROLE		SAUSAGE IN ONION GRAVY		PASTA BOLOGNAISE
SAUSAGE & MASH				SAUSAGE IN ONION GRAVY
FISH & CHIPS				COTTAGE PIE
DESSERT				
STICKY TOFFEE PUDDING & CUSTARD		STICKY TOFFEE PUDDING & CUSTARD		STICKY TOFFEE PUDDING & CUSTARD
APPLE PIE & CUSTARD		APPLE PIE & CUSTARD		APPLE PIE & CUSTARD
BAKEWELL SPONGE & CUSTARD		BAKEWELL SPONGE & CUSTARD		BAKEWELL SPONGE & CUSTARD
LEMON SPONGE & CUSTARD		LEMON SPONGE & CUSTARD		LEMON SPONGE & CUSTARD
CHOCOLATE SPONGE & CUSTARD		CHOCOLATE SPONGE & CUSTARD		CHOCOLATE SPONGE & CUSTARD
SUMMERFRUIT SPONGE & CUSTARD		SUMMERFRUIT SPONGE & CUSTARD		SUMMERFRUIT SPONGE & CUSTARD
ALPRO CHOCOLATE DESSERT POT		ALPRO CHOCOLATE DESSERT POT		ALPRO CHOCOLATE DESSERT POT
ALPRO VANILLA DESSERT POT		ALPRO VANILLA DESSERT POT		ALPRO VANILLA DESSERT POT
AMBROSIA COLD CUSTARD POT		AMBROSIA COLD CUSTARD POT		AMBROSIA COLD CUSTARD POT
AMBROSIA COLD RICE PUDDING POT		AMBROSIA COLD RICE PUDDING POT		AMBROSIA COLD RICE PUDDING POT
DESSERT ACCOMPANIMENT				
VANILLA ICE CREAM		VANILLA ICE CREAM		VANILLA ICE CREAM