

SPRING LEVEL 7 MENU - WEEK 2 SUPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STARTER						
Cream of Tomato Soup	Leek, Pea & Watercress Soup	Cream of Celery Soup	Broccoli & Cauliflower Soup	Lentil & Vegetable Soup	Cream of Mushroom Soup	Curried Parsnip Soup
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
MAIN COURSE						
Plant Based Chilli & Beans	Vegetable Lasagne Casserole	Cauliflower & Broccoli Pasta Bake	Quorn Sausages in Tomato & Basil Sauce	Leek & Potato Hotpot	Chickpea Tagine	Cheese Omelette
Potato Topped Fish Pie	Pork Ravioli in Tomato Sauce	Chicken Casserole	Cottage Pie	Mexican Meatballs	Beef & Carrot Hotpot	Salmon with Hollandaise Sauce
SIDES						
Sliced Carrots	Diced Swede	Baked Beans	Broccoli Florets	Cut Green Beans	Broccoli Florets	Cut Green Beans
CARBS						
Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes
Boiled White Rice		Jacket Potato		Jacket Potato	Boiled White Rice	Herby Diced Potatoes
DESSERT						
Lemon & Ginger Cake Slice	Chocolate Fudge Cake Slice	Maderia Cake Slice	Lemon & Ginger Cake Slice	Chocolate Fudge Cake Slice	Lemon & Ginger Cake Slice	Maderia Cake Slice
Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream
Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt	Fruit Yoghurt
FRESH FRUIT						
Banana	Banana	Banana	Banana	Banana	Banana	Banana
Nov 25 Issue 54						