

SPRING LEVEL 7 MENU - WEEK 1 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STARTER						
Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice	Apple Juice
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
MAIN COURSE						
Orzo Bolognaise with Vegan Mince	Cauliflower Cheese	Cheese Omelette	Creamy Chickpea Korma	Vegen Casserole with Chunky Vegetables	Macaroni Cheese	Vegan Meatballs in Tomato & Basil Sauce
Cottage Pie	Pork Ravioli in Tomato Sauce	Potato Topped Fish Pie	Shepherds Pie	Cottage Pie	Cottage Pie	Beef & Carrot Hotpot
SAUCE						
Gravy			Gravy			Gravy
SIDES						
Baby Carrots	Cut Green Beans	Broccoli Florets	Sliced Carrots	Diced Swede	Mushy Peas	Carrot & Swede Mix
	Farmhouse Vegetables	Baked Beans				
CARBS						
Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Creamed Potatoes	Hash Browns	Creamed Potatoes
Boiled New Potatoes		Boiled New Potatoes	Boiled White Rice			
DESSERT						
Toffee Sponge	Raspberry & Coconut Sponge	Chocolate Sponge	Toffee Sponge	Raspberry & Coconut Sponge	Somerset Apple Cake	Rice Pudding
Banana	Banana	Banana	Banana	Banana	Banana	Banana
DESSERT ACCOMPANIMENT						
Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream	Vanilla Ice Cream
Custard	Custard	Custard	Custard	Custard	Custard	
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