

SUMMER CHILDRENS GENERAL MENU—WEEK 1 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STARTER						
MAIN COURSE PROTEIN OPTION						
PLANT BASED CHILLI & BEANS	CAULIFLOWER CHEESE	PENNE PASTA IN TOMATO SAUCE	CREAMY CHICKPEA KORMA	VEGAN SAUSAGE CASSEROLE	MACARONI CHEESE	VEGAN MEATBALL IN TOMATO & BASIL SAUCE
COTTAGE PIE	CREAMY CHICKEN LINGUINE	FISH CAKE WITH PARSLEY SAUCE	ROAST CHICKEN BREAST	OVEN BAKED HADDOCK	COTTAGE PIE	ROAST PORK LOIN
SAUCE						
GRAVY			GRAVY			GRAVY
SIDES						
MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD
GARDEN PEAS	CUT GREEN BEANS	BROCCOLI FLORETS	SAVOY CABBAGE	GARDEN PEAS	MIXED VEGETABLES	BRUSSELS SPROUTS
BABY CARROTS	FARMHOUSE VEGETABLES	BAKED BEANS	SLICED CARROTS	DICED SWEDE	GARDEN PEAS	CARROT & SWEDE MIX
CARBS						
GARLIC BREAD SLICE	CREAMED POTATOES	CREAMED POTATOES	BOILED WHITE RICE	CREAMED POTATOES		CREAMED POTATOES
BOILED WHITE RICE	POTATO WEDGES	BOILED NEW POTATOES	ROAST POTATOES	SKIN ON CHIPS	BOILED WHITE RICE	ROAST POTATOES
DESSERT						
FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE
CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS
DESSERT ACCOMPANIMENT						
VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM