

SUMMER GENERAL MENU—WEEK 2 LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STARTER						
BUTTERBEAN & LEEK SOUP	CREAM OF TOMATO SOUP	BROCCOLI & STILTON SOUP	LENTIL & VEGETABLE SOUP	CELERY SOUP	SPICED CARROT SOUP	SWEET POTATO & RED PEPPER SOUP
MAIN COURSE PROTEIN OPTION						
PANNER TIKKA MASALA	3 CHEESE & VEGETABLE BAKE	PENNE PASTA IN TOMATO & BASIL SAUCE	CHICKPEA & SWEET POTATO CURRY	MUSHROOM & PEPPER STROGANOFF	BUTTERNUT SQUASH & SPINACH LASAGNE	CAULIFLOWER & BROCCOLI BAKE
SHEPHERDS PIE	CHICKEN SAAG MASALA	POTATO TOPPED FISH PIE	ROAST TURKEY	OVEN BAKED COD	CHICKEN IN A CREAMY LEEK & MUSTARD SAUCE	ROAST PORK
SAUCE						
GRAVY			GRAVY			GRAVY
SIDES						
MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD
GARDEN PEAS	SLICED GREEN BEANS	GARDEN PEAS	FARMHOUSE VEGETABLES	GARDEN PEAS	CUT GREEN BEANS	BRUSSELS SPROUTS
DICED CARROTS	SWEETCORN	MIXED VEGETABLES	SAVOY CABBAGE	VEGETABLE MACEDOINE	DICED SWEDE	BATON CARROTS
CARBS						
GARLIC BREAD SLICE	CREAMED POTATOES	BOILED NEW POTATOES	BOILED WHITE RICE	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES
BOILED WHITE RICE	BOILED WHITE RICE	POTATO WEDGES	ROAST POTATOES	SKIN ON CHIPS	BOILED NEW POTATOES	ROAST POTATOES
DESSERT						
VANILLA SPONGE	APPLE CRUMBLE	LEMON SPONGE	STICKY TOFFEE PUDDING	GINGER SPONGE	RHUBARB CRUMBLE	RICE PUDDING
FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE	FRUIT COCKTAIL IN NATURAL JUICE
CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS	CHEESE SPREAD & CRACKERS
DESSERT ACCOMPANIMENT						
VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM
CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	