

SUMMER GENERAL MENU—WEEK 1 SUPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STARTER						
TOMATO & BASIL SOUP	CARROT & CORIANDER SOUP	VEGETABLE SOUP	LEEK & POTATO SOUP	CREAM OF ONION SOUP	BUTTERNUT SQUASH SOUP	PARSNIP & POTATO SOUP
APPLE JUICE	APPLE JUICE	APPLE JUICE	APPLE JUICE	APPLE JUICE	APPLE JUICE	APPLE JUICE
ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE	ORANGE JUICE
MAIN COURSE PROTEIN OPTION						
VEGETABLE RATATOUILLE	SWEET POTATO & VEGETABLE BAKE	PLAIN OMELETTE	QUORN SAUSAGES IN ONION GRAVY	LEEK & POTATO HOTPOT	CHEESE OMELETTE	CHEESE & ONION PASTY
TUNA BROCCOLI & PASTA BAKE	MEXICAN MEATBALLS	BEEF & CARROT HOTPOT	PORK & BUTTERBEAN CASSEROLE	TURKEY CHILLI & KIDNEY BEANS	CHICKEN LEEK & MUSHROOM PIE	COD IN PARSLEY SAUCE
SIDES						
MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD	MIXED LEAF SALAD
COUNTRY VEGETABLES	GARDEN PEAS	MIXED VEGETABLE	VEGETABLE MEDLEY	CAULIFLOWER FLORETS	BAKED BEANS	GARDEN PEAS
					CUT GREEN BEANS	BAKED BEANS
CARBS						
CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES	CREAMED POTATOES
SAUTE POTATOES	PENNE PASTA	POTATO WEDGES	BOILED NEW POTATOES	BOILED WHITE RICE	BOILED NEW POTATOES	SKIN ON CHIPS
DESSERT						
LEMON DRIZZLE CAKE SLICE	SUGAR FREE STRAWBERRY JELLY	BAKEWELL CAKE SLICE	CHERRY FLAPJACK	CARROT CAKE SLICE	SUGAR FREE ORANGE JELLY	FRUIT CAKE SLICE
VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM	VANILLA ICE CREAM
FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT	FRUIT YOGHURT
DESSERT ACCOMPANIMENT						
BANANA	SATSUMA	APPLE	BANANA	SATSUMA	APPLE	BANANA