

Gluten Free Menu



This menu is designed to support those following a gluten free diet. It is intended to offer additional choice to the suitable items from the main Patient menus.

Please note :- All options below are complete meals

Ward.....Bay Number.....
Patient Name.....

PLEASE MARK WITH A ✓ IN THE BOX BELOW WITH YOUR MEAL CHOICE. **TICK ONE BOX ONLY**

Meal Choice (Lunch)

<input type="checkbox"/>	Vegan Aubergine Green Peas with Pidgeon Pea Dal & Basmiti Rice. (Contains:- Mustard) May contain - Nuts
<input type="checkbox"/>	Vegan Mixed Capsicum Peppers, Potato & Whole Green lentils with Cumin Rice. (Contains:- Mustard) May contain - Nuts
<input type="checkbox"/>	Vegan Cauliflower, Green Peas with Pidgeon pea Dal & Basmiti Rice. (Contains:- Mustard) May contain - Nuts
<input type="checkbox"/>	Vegan Jacket Potato with Baked Beans & Grated Vegan Cheese (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Vegan Provençale Vegetable Bake with Green Beans, Broccoli & Peas. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Vegan Spicy Bean Casserole with Potato Wedges, Broccoli, Peas & Sweetcorn. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Roast Beef in Gravy with Roast Potatoes, Carrots & Romano Beans. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Roast Chicken in Gravy with Roast Potatoes, Mashed Carrot & Peas. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Chilli Con Carne with Vegetable Rice. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Steak & Mushroom Casserole with Boiled Potatoes, Carrots & Green Beans. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Sweet & Sour Chicken with rice, Peas & Red Pepper. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Lamb Tagine with Yellow rice, Carrots, Green Beans & Peas. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Chicken, Bacon & Thyme Hotpot with Mashed Carrot & Swede, Broccoli, Green Beans & Peas. (Contains:- None of the main 14 allergens as ingredients)
<input type="checkbox"/>	Desserts:- Rice Pudding (Contains Milk) Alpro Plant Based Dessert—Vanilla or Chocolate. Please circle your choice above
<input type="checkbox"/>	While every effort is made to provide all of the meals above, they are subject to availability.

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Meal Choice (Supper)

<input type="checkbox"/>	Vegan Aubergine Green Peas with Pidgeon Pea Dal with Basmiti Rice. (Contains:- Mustard) May contain - Nuts
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