

# General Patient Menu Lunch Week 1



| Monday                          | Tuesday                      | Wednesday                              | Thursday                   | Friday                           | Saturday                     | Sunday                            |
|---------------------------------|------------------------------|--|----------------------------|----------------------------------|------------------------------|-----------------------------------|
| Cottage Pie                     | Chicken A La King            | Fisherman's Pie with a Puff Pastry Top | Roast Turkey               | Oven Baked Battered Cod Fillet   | Minced Beef & Potato Curry   | Roast Pork                        |
| Cauliflower Cheese              | Plain Omelette               | Quorn & Mushroom Chilli                | Potato, Cheese & Leek Bake | Vegetarian & Bean Cottage Pie    | Macaroni Cheese              | Cauliflower & Broccoli Pasta      |
| Salmon & Salad Pasta            | Cold Sliced Gammon           | Cold Sliced Turkey                     | Cold Sliced Gammon         | Cold Sliced Beef                 | Cold Sliced Gammon           | Peppered Mackerel (served cold)   |
| Wml Egg Mayo Sandwich           | Wml Cheese & Pickle Sandwich | Wml Egg Mayo Sandwich                  | Wml Egg Mayo Sandwich      | Wml Cheese & Pickle Sandwich     | Wml Chicken Mayo Sandwich    | Wml Cheese & Pickle Sandwich      |
| Seasonal Side Salad             | Seasonal Side Salad          | Seasonal Side Salad                    | Seasonal Side Salad        | Seasonal Side Salad              | Seasonal Side Salad          | Seasonal Side Salad               |
| Garden Peas                     | Baked Beans                  | Sweetcorn                              | Mixed Vegetables           | Baked Beans                      | Baked Beans                  | Brussels Sprouts                  |
| Sliced Carrots                  | Garden Peas                  | Cut Green Beans                        | Garden Peas                | Garden Peas                      | White Rice                   | Sliced Carrots                    |
| Herby Diced Potatoes            | Boiled New Potatoes          | Jacket Potato                          | Roast Potatoes             | Skin on Chipped Potatoes         | Jacket Potatoes              | Roast Potatoes                    |
| Creamed Potatoes                | Creamed Potatoes             | Creamed Potatoes                       | Creamed Potatoes           | Creamed Potatoes                 | Creamed Potatoes             | Creamed Potatoes                  |
| Gravy                           | White Rice                   | White Rice                             | Gravy                      | Gravy                            | Garlic Bread Slice           | Gravy                             |
| Pineapple Sponge                | Apple Crumble                | Bread & Butter Pudding                 | Summer Fruit Crumble       | Ginger Pudding with Orange Sauce | Somerset Apple Cake          | Chef's Rice Pudding               |
| Fruit Cocktail in Natural Juice | Mandarins in Natural Juice   | Apricots in Natural Juice              | Peaches in Natural Juice   | Mandarins in Natural Juice       | Fruit Salad in Natural Juice | Pineapple Pieces in Natural Juice |
| Cheese Spread & Crackers        | Cheese Spread & Crackers     | Cheese Spread & Crackers               | Cheese Spread & Crackers   | Cheese Spread & Crackers         | Cheese Spread & Crackers     | Cheese Spread & Crackers          |
| Vanilla Ice Cream               | Vanilla Ice Cream            | Vanilla Ice Cream                      | Vanilla Ice Cream          | Vanilla Ice Cream                | Vanilla Ice Cream            | Vanilla Ice Cream                 |
| Custard                         | Custard                      | Custard                                | Custard                    | Custard                          | Custard                      |                                   |