

# Dairy Free Menu Lunch - Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Choose 1 item from this section of the menu	Minted Minced Lamb Pie with a Pastry Top	Chunky Vegetable & Chicken Casserole	Mariners Pie	Roast Turkey	Oven Baked Battered Cod Fillet	Chicken & Vegetable Hotpot	Roast Pork
	Quorn & Vegetable Hotpot	Homemade Plain Omelette	Roasted Vegetable & Penne Pasta Bake	Cauliflower Cheese	Cheese, Leek & Potato Bake	Macaroni Cheese	Quorn Chilli
	Tuna & Sweetcorn Pasta Salad	Cold Sliced Ham	Cold Sliced Turkey	Cold Sliced Ham	Cold Sliced Beef	Cold Sliced Ham	Peppered Mackerel
	Gravy			Gravy			Gravy
Choose 2 items from this section of the menu	Seasonal Side Salad	Seasonal Side Salad	Seasonal Side Salad	Seasonal Side Salad	Seasonal Side Salad	Seasonal Side Salad	Seasonal Side Salad
	Fresh Carrot & Swede Mix	Fresh Diced Carrots	Broccoli Florets	Fresh Savoy Cabbage	Garden Peas	Baked Beans	Brussels Sprouts
	Boiled Potatoes	Baked Beans	Garden Peas	Whole Green Beans	Baked Beans	Sweetcorn	Fresh Baton Carrots
	Steamed White Rice	Potato Hash Browns	Boiled Potatoes	Roast Potatoes	Skin on Chips	Boiled Potatoes	Roast Potatoes
	Creamed Potato	Creamed Potato	Creamed Potato	Creamed Potato	Creamed Potato	Creamed Potato	Creamed Potato
	Jacket Potato				Jacket Potato		
Choose 1 item from this section of the menu	Vanilla Sponge	Apple Crumble	Chocolate Sponge	Summer Fruit Crumble	Apple Crumble	Chocolate Sponge	Rice Pudding
	Fruit Cocktail in Natural Juice	Mandarins in Natural Juice	Apricots in Natural Juice	Peaches in Natural Juice	Mandarins in Natural Juice	Fresh Fruit Salad in Natural Juice	Pineapple Pieces in Natural Juice
	Vegan Vanilla Ice Cream	Vegan Vanilla Ice Cream	Vegan Vanilla Ice Cream	Vegan Vanilla Ice Cream	Vegan Vanilla Ice Cream	Vegan Vanilla Ice Cream	Vegan Vanilla Ice Cream
	Custard	Custard	Custard	Custard	Custard	Custard	

**Important** This menu is for those following a dairy free diet. Items on white background are produced together with our normal menu as these recipes already contain no dairy in their ingredients. All items on a **shaded background** are produced separately from our main menu or are sourced as dairy free. *Issue 42 Autumn/Winter 19/20*