

Patient's Name..... Bay Number.....

Ward..... Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

STARTER		VG	GF	HH	HC
☐	Sweet Potato & Red Pepper Soup (contains: Milk, Celery)	✓	⊗	♥	
☐	Orange Juice	✓	⊗	♥	
☐	Apple Juice				
MAIN COURSE					
☐	White Ham & Salad Sandwich (contains: Wheat, Soya)			♥	↑
☐	Wholemeal Ham & Salad Sandwich (contains: Wheat, Soya, Barley)			♥	↑
☐	White Egg & Tomato Sandwich (contains: Wheat, Soya, Egg)	✓			↑
☐	Wholemeal Egg & Tomato Sandwich (contains: Wheat, Soya, Barley, Egg)	✓			↑
☐	White Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Fish, Egg)			♥	↑
☐	Wholemeal Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Barley, Fish, Egg)			♥	↑
☐	White Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
☐	Wholemeal Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
☐	White Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
☐	Wholemeal Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
☐	Jacket Potato & Baked Beans	✓	⊗		↑
☐	Jacket Potato & Grated Cheese (contains: Milk)	✓	⊗		↑
☐	Jacket Potato & Tuna (contains: Fish)			♥	↑
☐	Macaroni Cheese (contains: Wheat, Milk)	✓			↑
☐	Chicken Meatballs in Mushroom & White Wine Sauce (contains: Milk, Wheat, Sulphites)				↑
☐	Sweet & Sour Vegetables (contains: Soya)	✓	⊗	♥	
VEGETABLES & POTATOES					
☐	Creamed Potatoes (contains: Milk)	✓	⊗	♥	
☐	Potato Hash Browns	✓	⊗	♥	
☐	Broccoli & Cauliflower Floret Mix	✓	⊗	♥	
☐	Steamed White Rice	✓	⊗	♥	
DESSERTS					
☐	Chocolate & Vanilla Swirled Mousse (contains: Milk)	✓	⊗	♥	↑
☐	Full Fat Fruit Yoghurt (contains: Milk)	✓	⊗	♥	
☐	Fruit Cake Slice (contains: Milk, Wheat, Egg) (may contain: Nuts, Soya)	✓			↑
☐	Vanilla Ice Cream (contains: Milk)	✓	⊗		↑
☐	Apple	✓	⊗	♥	

