

Patient's Name.....Bay Number.....

Ward.....Bed Number.....

♥ = Healthier Choice | ↑ = High Calorie | ✓ = Vegetarian | ⊗ = No Gluten Ingredients

▼ MARK WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION

STARTER		VG	GF	HH	HC
☐	Celery Soup (contains: Milk, Celery)	✓	⊗	♥	
☐	Orange Juice	✓	⊗	♥	
☐	Apple Juice				
MAIN COURSE					
☐	White Ham & Salad Sandwich (contains: Wheat, Soya)			♥	↑
☐	Wholemeal Ham & Salad Sandwich (contains: Wheat, Soya, Barley)			♥	↑
☐	White Egg & Tomato Sandwich (contains: Wheat, Soya, Egg)	✓			↑
☐	Wholemeal Egg & Tomato Sandwich (contains: Wheat, Soya, Barley, Egg)	✓			↑
☐	White Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Fish, Egg)			♥	↑
☐	Wholemeal Tuna Mayonnaise Sandwich (contains: Wheat, Soya, Barley, Fish, Egg)			♥	↑
☐	White Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
☐	Wholemeal Cheese & Pickle Sandwich (contains: Wheat, Soya, Barley, Milk, Sulphites)	✓			↑
☐	White Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
☐	Wholemeal Cheese & Tomato Sandwich (contains: Wheat, Soya, Milk)	✓			↑
☐	Jacket Potato & Baked Beans	✓	⊗		↑
☐	Jacket Potato & Grated Cheese (contains: Milk)	✓	⊗		↑
☐	Jacket Potato & Tuna (contains: Fish)			♥	↑
☐	Macaroni Cheese (contains: Wheat, Milk)	✓			↑
☐	Chicken Korma (contains: Milk, Mustard, Sulphites) (may contain: Nuts, Peanuts)		⊗		↑
☐	Quorn Patties in Tomato & Basil Sauce (contains: Milk, Barley, Wheat, Celery, Eggs)	✓	⊗	♥	
VEGETABLES & POTATOES					
☐	Creamed Potatoes (contains: Milk)	✓	⊗	♥	
☐	Boiled New Potatoes	✓	⊗	♥	
☐	Cauliflower, Broccoli & Carrot Medley	✓	⊗	♥	
☐	Steamed White Rice	✓	⊗	♥	
DESSERTS					
☐	Strawberry & Vanilla Swirled Mousse (contains: Milk)	✓	⊗	♥	↑
☐	Full Fat Fruit Yoghurt (contains: Milk)	✓	⊗	♥	
☐	Carrot Cake Slice (contains: Wheat, Eggs) (may contain: Milk, Nuts, Soya)	✓			↑
☐	Vanilla Ice Cream (contains: Milk)	✓	⊗		↑
☐	Satsuma	✓	⊗	♥	

