# Royal United Hospitals Bath NHS
## NHS Foundation Trust

Patient's Name…………………………………..……...Bay Number……..…

Ward………………………………………………..…………Bed Number……..…

♡ = **Healthier Choice** | ↑ = **High Calorie** | $\sqrt{}$ = **Vegetarian** | ⊗ = **No Gluten Ingredients**

▼ MARK ✎ **WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION**

| | | VG | GF | HH | HC |
|---|---|---|---|---|---|
| | **STARTER** *(Choose 1 of the following)* | | | | |
| ☐ | **Asparagus Soup** (contains: **Milk, Barley, Wheat**) (may contain: **Mustard**, **Eggs**, **Soya**) | $\sqrt{}$ | | ♡ | |
| | **MAIN COURSE** *(Choose 1 of the following)* | | | | |
| ☐ | **Chicken a la King** (contains: **Milk**) | | ⊗ | ♡ | |
| ☐ | **Free Range Plain Omelette** (contains: **Milk**) | $\sqrt{}$ | ⊗ | | ↑ |
| ☐ | **Ham Salad** (may contain: **Mustard**) | | ⊗ | | |
| ☐ | **Egg Salad** (contains: **Eggs**) (may contain: **Mustard**) | $\sqrt{}$ | ⊗ | ♡ | ↑ |
| ☐ | **Grated Cheddar Cheese Salad** (contains: **Milk**) (may contain: **Mustard**) | $\sqrt{}$ | ⊗ | | ↑ |
| ☐ | **Wholemeal Tuna Mayo Sandwich** (contains: **Wheat**, **Fish**, **Eggs**) (may contain: **Sesame**, **Soya**) | | | | ↑ |
| ☐ | **White Tuna Mayo Sandwich** (contains: **Wheat**, **Fish**, **Eggs**) (may contain: **Sesame**, **Soya**) | | | | ↑ |
| ☐ | **Wholemeal Cheddar Cheese Sandwich** (contains: **Milk**, **Wheat**) (may contain: **Sesame**, **Soya**) | $\sqrt{}$ | | | ↑ |
| ☐ | **White Cheddar Cheese Sandwich** (contains: **Milk**, **Barley**, **Wheat**, **Sesame**, **Soya**) | $\sqrt{}$ | | | ↑ |
| ☐ | **Vegetarian Finger Food Platter** (contains: **Milk**, **Egg**, **Wheat**) | $\sqrt{}$ | | | ↑ |
| ☐ | **Meat Finger Food Platter** (contains: **Milk**, **Egg**) | | ⊗ | | ↑ |
| | **VEGETABLES & POTATOES** *(Choose 2 of the following)* | | | | |
| ☐ | **Baked Beans** | $\sqrt{}$ | ⊗ | ♡ | |
| ☐ | **Garden Peas** | $\sqrt{}$ | ⊗ | ♡ | |
| ☐ | **Boiled New Potatoes** | $\sqrt{}$ | ⊗ | ♡ | |
| ☐ | **Creamed Potatoes** (contains: **Milk**) | $\sqrt{}$ | ⊗ | ♡ | |
| ☐ | **Steamed White Rice** | $\sqrt{}$ | ⊗ | ♡ | |
| | **DESSERTS** *(Choose 1 of the following)* | | | | |
| ☐ | **Apple Crumble** (contains: **Wheat**) | $\sqrt{}$ | | | ↑ |
| ☐ | **Mandarins in Natural Juice** | $\sqrt{}$ | ⊗ | ♡ | |
| ☐ | **Cheese Spread & Crackers** (contains: **Milk**, **Wheat**) (may contain: **Sesame**, **Eggs**) | $\sqrt{}$ | | | ↑ |
| | **DESSERT ACCOMPANIMENT** *(Choose 1 of the following)* | | | | |
| ☐ | **Vanilla Ice Cream** (contains: **Milk**) | $\sqrt{}$ | ⊗ | | ↑ |
| ☐ | **Custard** (contains: **Milk**) | $\sqrt{}$ | ⊗ | | ↑ |

**We try to provide the listed menu items but occasionally items may be subject to change**

Patient's Name…………………………………..……...Bay Number……..…

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♡ = **Healthier Choice** | ↑ = **High Calorie** | 🗸 = **Vegetarian** | ⊗ **= No Gluten Ingredients**

▼ **MARK ✎ WITHIN THE BOXES OF DISHES YOU REQUIRE FROM EACH SECTION**

| | | VG | GF | HH | HC |
|---|---|---|---|---|---|
| ☐ | **STARTER** *(Choose 1 of the following)* | | | | |
| ☐ | **Cream of Tomato Soup** (contains: **Milk**, **Celery**) | 🗸 | ⊗ | ♡ | |
| ☐ | **Orange Juice** | 🗸 | ⊗ | ♡ | |
| ☐ | **Apple Juice** | 🗸 | ⊗ | ♡ | |
| | **MAIN COURSE** *(Choose 1 of the following)* | | | | |
| ☐ | **White Ham Sandwich** (contains: **Wheat**, **Soya**) (may contain: **Sesame**) | | | ♡ | ↑ |
| ☐ | **Wholemeal Ham Sandwich** (contains: **Wheat**, **Barley**) (may contain: **Sesame**, **Soya**) | | | ♡ | ↑ |
| ☐ | **White Egg Mayo Sandwich** (contains: **Wheat**, **Eggs, Mustard, Sesame, Soya**) | 🗸 | | ♡ | ↑ |
| ☐ | **Wholemeal Egg Mayo Sandwich** (contains: **Wheat**, **Barley, Mustard, Eggs**) (may contain: **Sesame**, **Soya**) | 🗸 | | ♡ | ↑ |
| ☐ | **Savoury Minced Lamb** | | ⊗ | ♡ | ↑ |
| ☐ | **Cheese, Leek & Potato Bake** (contains: **Milk**) | 🗸 | ⊗ | | ↑ |
| ☐ | **Vegetarian Finger Food Platter** (contains: **Milk**, **Egg**, **Wheat**) | 🗸 | | | |
| ☐ | **Meat Finger Food Platter** (contains: **Milk**, **Egg**) | | ⊗ | | |
| ☐ | **Jacket Potato & Baked Beans** | 🗸 | ⊗ | ♡ | |
| ☐ | **Jacket Potato & Grated Cheese** (contains: **Milk**) | 🗸 | ⊗ | ♡ | ↑ |
| ☐ | **Grated Cheddar Cheese Salad** (contains: **Milk**) (may contain: **Mustard**) | 🗸 | ⊗ | ♡ | ↑ |
| | **VEGETABLES & POTATOES** *(Choose 2 of the following)* | | | | |
| ☐ | **Creamed Potatoes** (contains: **Milk**) | 🗸 | ⊗ | ♡ | |
| ☐ | **Farmhouse Vegetables** | 🗸 | ⊗ | ♡ | |
| ☐ | **Garlic Bread Slice** (contains: **Wheat**) (may contain: **Milk**, **Soya**) | 🗸 | | | ↑ |
| ☐ | **Seasonal Side Salad** (may contain: **Mustard**) | 🗸 | ⊗ | ♡ | |
| | **DESSERTS** *(Choose 1 of the following)* | | | | |
| ☐ | **Strawberry & Vanilla Swirled Mousse** (contains: **Milk**) | 🗸 | ⊗ | | ↑ |
| ☐ | **Full Fat Yoghurt** (contains: **Milk**) | 🗸 | ⊗ | ♡ | |
| ☐ | **Jam Doughnut** (contains: **Wheat**, **Soya**) (may contain: **Milk**, **Sesame**, **Eggs**) | 🗸 | | | ↑ |
| | **DESSERT ACCOMPANIMENT** *(Choose 1 of the following)* | | | | |
| ☐ | **Vanilla Ice Cream** (contains: **Milk**) | 🗸 | ⊗ | | ↑ |
| ☐ | **Satsuma** | 🗸 | ⊗ | ♡ | |

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