

STAFF MEALS. WEEK THREE LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ORIENTAL PORK WITH CASHEW NUTS	CHICKEN BREAST IN MOROCCAN SAUCE	LASAGNE	ROAST BEEF / YORKSHIRE PUD & GRAVY	COD FILLET IN BATTER	CHICKEN A LA KING	ROAST BEEF & YORKSHIRE PUD
COD FILLET IN MEDITERRANEAN SAUCE	SEAFOOD PLATTER	SALMON STEAK IN WHITE WINE & MUSHROOM GLAZE	CUMBERLAND SAUSAGE RING & ONION GRAVY	MEAT SUPREME PIZZA		R/ PORK, APPLE SAUCE, STUFFING
TUSCAN BEAN CASSEROLE	MUSHROOM & STILTON TARTLET	CHINESE VEGETABLE STIR FRY	SPINACH & MUSHROOM PASTA	CAULIFLOWER & BROCCOLI AU GRATIN	NUT ROAST & TOMATO SAUCE	VEGETABLE SPRING ROLLS WITH SWEET & SOUR SAUCE
TURKEY KORMA	LAMB BALTI	BEEF MADRAS	CHICKEN TIKKA MASALA	LAMB ROGAN JOSH	BEEF CURRY	
VEGETABLE CURRY	VEGETABLE CURRY	VEGETABLE CURRY	VEGETABLE CURRY	VEGETABLE CURRY	VEGETABLE CURRY	
RICE	RICE	RICE	RICE	RICE	RICE	
JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO	JACKET POTATO
CREAMED POTATO	CREAMED POTATO	CREAMED POTATO	CREAMED POTATO	CREAMED POTATO	CREAMED POTATO	CREAMED POTATO
NEW POTATOES	ROASTED NEW POTATOES	NEW POTATOES	ROAST POTATO	NEW POTATOES	NEW POTATOES	ROAST POTATO
SNACKS & CHIPS	SNACKS & CHIPS	SNACKS & CHIPS	SNACKS & CHIPS	SNACKS & CHIPS	SNACKS & CHIPS	SAUSAGES, BEANS, CHIPS
PEAS	PEAS	PEAS	PEAS	MUSHY PEAS	PEAS	CAULIFLOWER
BROCCOLI	SLICED CARROTS	CAULIFLOWER	BATON CAROTS	WHOLE GREEN BEANS	SWEETCORN	SLICED CARROTS
APRICOT CRUMBLE	APPLE TART	BREAD & BUTTER PUDDING	HONEY ROAST PARSNIPS	LEMON SPONGE	GOOSEBERRY CRUMBLE	BREAD & BUTTER PUDDING
SOUP	SOUP	SOUP	APPLE CRUMBLE	SOUP	SOUP	SOUP
GRAVY	GRAVY	GRAVY	SOUP	GRAVY	GRAVY	GRAVY
CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD	CUSTARD