



Welcome to the Children's Ward

This information sheet is designed to help you prepare for your hospital stay/ visit on the Children's Ward (B15).

We want to help you to make your stay as stress-free as possible. It is important that children know a little about what to expect when they come into hospital. If you would like further information then please visit our website where you will also find the play teams contact details.

How can I prepare myself?

- If you are having an operation please remember to remove any nail polish and jewellery.
- Please ensure you have some pain relief at home before your child is discharged, as we do not routinely provide this.
- If your child has additional needs please contact the ward in advance so we can discuss your needs.
- If you have any dietary requirements please ensure you inform the nurse on arrival and bring any specialist diet with you.

Can I eat or drink before I go to hospital?

- If having an operation or test it is important to read your admission letter which will give you the right information.

What to bring?

- Please remember to bring all your medication and inhalers into hospital and let your nurse know you have it with you.
- Dressing gown, slippers and pyjamas.
- Toiletries.
- Special feeds or baby milk, nappies and baby wipes.



- Comfort toys.
- Communication aids.
- Please only bring essentials- the hospital cannot accept any responsibility for any loss or damage to personal items.

This is for day patients and overnight stays

Will I be staying overnight?

- In some cases you may need to stay overnight.
- If you stay overnight one parent can stay with you. At each bed space there is a chair bed for one parent to stay.

Visiting times

- 9.00-20.00 Monday to Sunday.
- Please be mindful of the amount of visitors around the bed, if there are visiting siblings they need to be with an adult at all times.

Going Home

- Please ensure you have some pain relief at home before your child is discharged, as we do not routinely provide this.
- There may be some restrictions after the procedure these will be explained by your doctor or nurse.

Please colour me in.

