

# Planning your Radiotherapy Treatment

## Where to go

A radiographer will collect you from the main Oncology waiting area at Genesis Care.

## Radiotherapy planning scan

Planning appointments usually take between 45minutes and 2 hours; allow the maximum time but in most cases it will be quicker. Before the scan a radiographer will explain what will happen during your appointment.

For some treatments to the pelvis area you may be required to do some preparation before the scan. You may have already received additional leaflets with further information. The radiographer will advise you on what preparation is required.

If you have any questions you will have the opportunity to ask the radiographer before proceeding.

#### CT scan

You will be asked to lie on the scanner couch, the radiographers will adjust the equipment to ensure you are comfortable and in a suitable position for the Radiotherapy treatment. If you are having treatment to the head or neck area the radiographers will make a mask to help you to keep still.

The bed will move through the scanner, you will need to lie as still and relaxed as you can and breathe normally (unless you are instructed otherwise).

Your doctor may have requested you have an injection of contrast for your scan, the radiographers will explain this procedure to you if it is required.

The scan is quick and you will not feel anything. The radiographers will leave the room for the scan but will be watching you all the time.

#### **Permanent marks**

After the scan the radiographers will make some small permanent marks on your skin to ensure the position you have been scanned in is reproducible for each treatment. If you have had a mask made, marks will be made on the mask.



## **Radiotherapy Treatment Appointments**

You will be given a list of Radiotherapy treatment appointments after the scan.

If you are required to do any preparation for each treatment the radiographers will advise you how much earlier you will need to arrive for each treatment.

#### ID

It is Trust policy that each time you are treated you will be asked to verbally confirm your name, address and date of birth. With your permission, you will also have a photo taken of your face for ID purposes.

## **Pregnancy status**

Female patients under the age of 55 will be asked to confirm they are not pregnant.

## Implantable cardiac devices

Please inform the radiographers if you have any type of implantable cardiac device and bring details of this with you.

## **Transport**

If you require hospital transport you will need to contact E-Zec non-emergency transport on 0300 7775577

## Radiotherapy department contact details

Telephone: 01225 824853

Monday-Friday 8am-3:30pm

Website: www.ruh.nhs.uk/patients/services/radiotherapy

Royal United Hospitals Bath NHS Foundation Trust Combe Park, Bath BA1 3NG 01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email <a href="mailto:ruh-tr.PatientAdviceandLiaisonService@nhs.net">ruh-tr.PatientAdviceandLiaisonService@nhs.net</a> or telephone 01225 825656.