

Shared decision making clinic

You are due to be seen in the shared decision making clinic in the pre-assessment unit (B39).

When attending the pre-assessment unit you will see a member of the healthcare assistant team and a registered nurse or nurse practitioner as part of your initial assessment.

Generally all patients will have a set of observations and then those that require will have an ECG (heart tracing), blood tests or urine specimen.

Whilst every effort is made get all tests and investigations done in one visit it may be required that you will need to re-attend, especially if appointments are outside of the department.

As part of the shared decision making clinic you will be seen by anaesthetist, who will assess your overall health and fitness for surgery. They will discuss the anaesthetic options available, risks of the anaesthetic and the best way to manage any pain after surgery. Having assessed you, they may require further investigations or referral to other specialists before proceeding. In some cases, it is not appropriate to proceed with surgery immediately due to concerns about your health. You will have the opportunity to discuss this in-depth with your anaesthetist and surgeon and an appropriate plan will be agreed with you and your family.

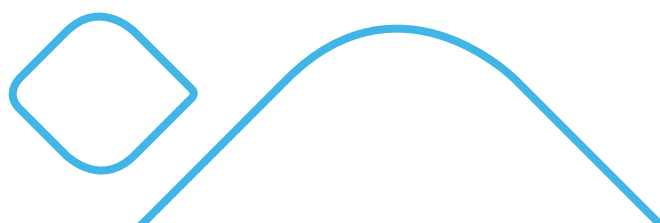
You will meet one of the gynaecology cancer surgeons to talk about the benefit, risks and complications of your operation alongside one of the gynaecology cancer nurse specialists.

Please be aware that your appointment will be for the duration of the afternoon and you can bring a friend or relative with you to the appointment.

The purpose of you being seen is to help prepare you for your operation, your stay in hospital and recovery at home. **We recommend that you watch the video below using the link or QR code to help prepare you for your appointment in the shared decision making clinic and for your surgery.**



<https://www.ruh.nhs.uk/HICO>



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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email ruh-tr.pals@nhs.net or telephone 01225 825656.

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