

Post Procedure Advice

Gastroscopy

After your investigation

BECAUSE YOU HAVE BEEN SEDATED, FOR THE NEXT 24 HOURS...

- You cannot **legally** drive
- You must not operate machinery
- You must not drink alcohol
- You should not sign legally binding agreements
- You must not care for dependants, children or elderly relatives
- You must have someone to supervise you at home

You may experience:

- Slight abdominal discomfort immediately following the procedure. This can be alleviated by hot drinks and moving around.
- A mildly sore throat which usually resolves within 24 hours; taking throat lozenges will help.

Follow up

- You may resume normal medications after your test. Please ask if you are not sure. If you have been advised to stop your warfarin for this test, a nurse will let you know before you leave when it is safe to resume taking it.

- If biopsies have been taken the results will be made known to you at your outpatient appointment or at your GP's surgery.
- You should ensure that all food and fluids that you take after your test during the day have cooled down well before you have them.

IF YOU DEVELOP ANY OF THE FOLLOWING SYMPTOMS:

- Severe pain and/or vomiting
- Passing or vomiting blood
- A raised temperature and/or 'flu like' symptoms
- Redness, pain and/or swelling of the injection site

TELEPHONE ENDOSCOPY: 01225 821425 OR 01225 821788 UNTIL 6pm.

FROM 6pm PLEASE CALL 01225 824430 WHERE YOU WILL SPEAK TO A NURSE FOR ADVICE.

IF IN DOUBT GO STRAIGHT TO THE NEAREST EMERGENCY DEPARTMENT

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath BA1 3NG
01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.pals@nhs.net or telephone 01225 825656 or 826319.