

Bronchoscopy / EBUS-TBNA

Endobronchial Ultrasound-guided Transbronchial Needle Aspiration

(EBUS-TBNA)

Post Procedure Advice

After your investigation

If you have had sedation, for the following 24 hours:

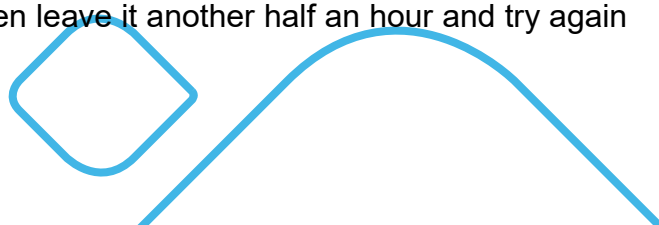
- You cannot legally drive.
- You must not use or operate machinery and electrical appliances.
- You must not drink alcohol.
- You should not sign any important documents or papers that you may not want to agree to at a later time.
- You must not look after anyone who needs your help to manage, such as young children or older members of the family.
- You must have someone to supervise you at home and accompany you during your discharge from the hospital.

You may experience:

- Slight blood loss on coughing and blowing your nose
- A mildly sore throat which usually resolves within 24 hours; taking throat lozenges will help
- Due to the amount of local anaesthetic used you must not have anything to drink until _____ (2hours after the test) Try firstly with cold water

Follow up:

- You may resume normal medications after your test. Please ask if you are not sure. If you have been advised to stop your warfarin or any blood thinner for this test, a nurse will let you know before you leave when it is safe to resume taking it
- If biopsies have been taken the results will be made known to you at your outpatient appointment or at your GP's surgery.
- You should not have anything to eat or drink for 2 hours following your test. This is due to the amount of local anaesthetic that has been used during the procedure. After 2 hours have some sips of cold water. If this water seems to go down well and you don't cough and splutter you can eat and drink as normal. If you do cough, then leave it another half an hour and try again with water first of all.



Please seek medical help straight away if you develop any of the following symptoms:

- Severe pain and/or vomiting
- Passing or vomiting blood
- A high temperature and/or 'flu like' symptoms
- Redness, pain and/or swelling at the site where you had a cannula if you had sedation

On Monday to Friday between 08.00 and 18.00 please call the endoscopy department on 01225 821425 or 01225 821788.

If in doubt, go straight to the nearest emergency department or call NHS 111.

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If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

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