











Type	Example	Picture	
Stringy, fibrous texture	Pineapple, Runner beans, Celery, Lettuce		
Vegetable/fruit skins	Peas, Grapes, Beans (e.g. Broad, Baked)		
Crunchy foods	Toast, Flaky Pastry, Dry biscuits, Crisps		
Crumbly items	Bread crusts, Pie crusts, Crumble, Dry biscuits		
Hard foods	Boiled and chewy sweets, Toffees, Nuts and Seeds		
Husks	Sweetcorn, Granary bread	