












# FOOD & FLUID DESCRIPTORS 2018

## FOOD

## FLUID

<p><b>NORMAL</b></p>	 <p><b>N</b></p>	<p><b>THIN</b></p>	 
<p><b>FORK MASHABLE</b></p>	 <p><b>F</b></p>	<p><b>SLIGHTLY THICK</b></p>	 <p><b>1</b></p>
<p><b>PRE-MASHED</b></p>	 <p><b>D</b></p>	<p><b>MILDLY THICK</b></p>	 <p><b>2</b></p>
<p><b>THICK PUREE</b></p>	 <p><b>C</b></p>	<p><b>MODERATELY THICK</b></p>	 <p><b>3</b></p>
<p><b>THIN PUREE</b></p>	 <p><b>B</b></p>	<p><b>EXTREMELY THICK</b></p>	 <p><b>4</b></p>

For further information, training and advice, please contact: .....  
Speech & Language Therapy Department, tel: 01225 824333