

Sam's visit for a 'Brainwave' test

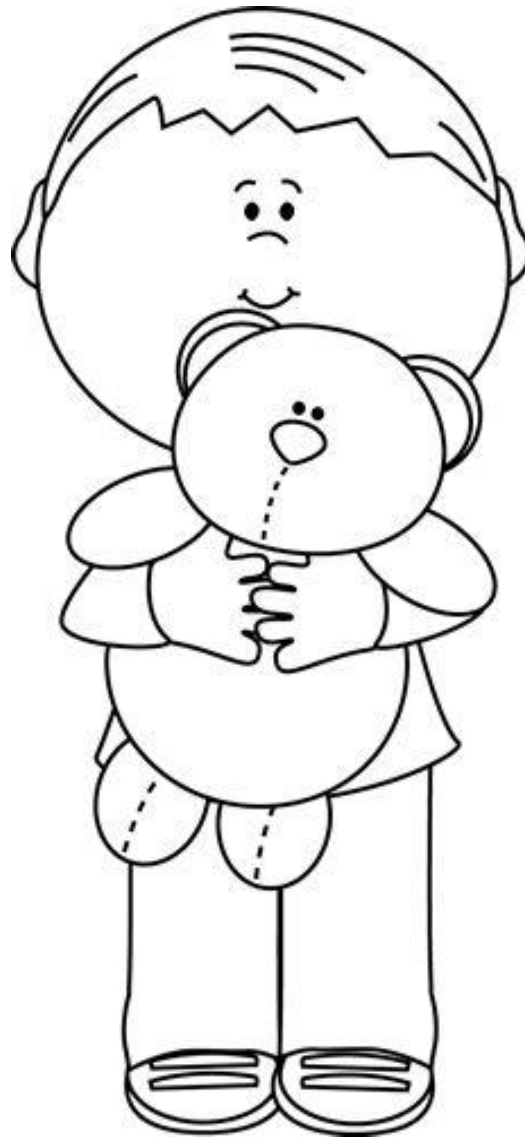


Dear

Hello my name is Sam.

The hospital doctor has asked you to have a test called an 'EEG', which is a brainwave test.

I can tell you what happened to me during the test so that you won't be frightened.



CAN YOU COLOUR ME IN?

When mummy and I arrived at the hospital, we sat in a waiting room then a friendly nurse called my name and mummy and I went into another room.

The room had a computer in it with lots of coloured wires and a video camera that took pictures of me.

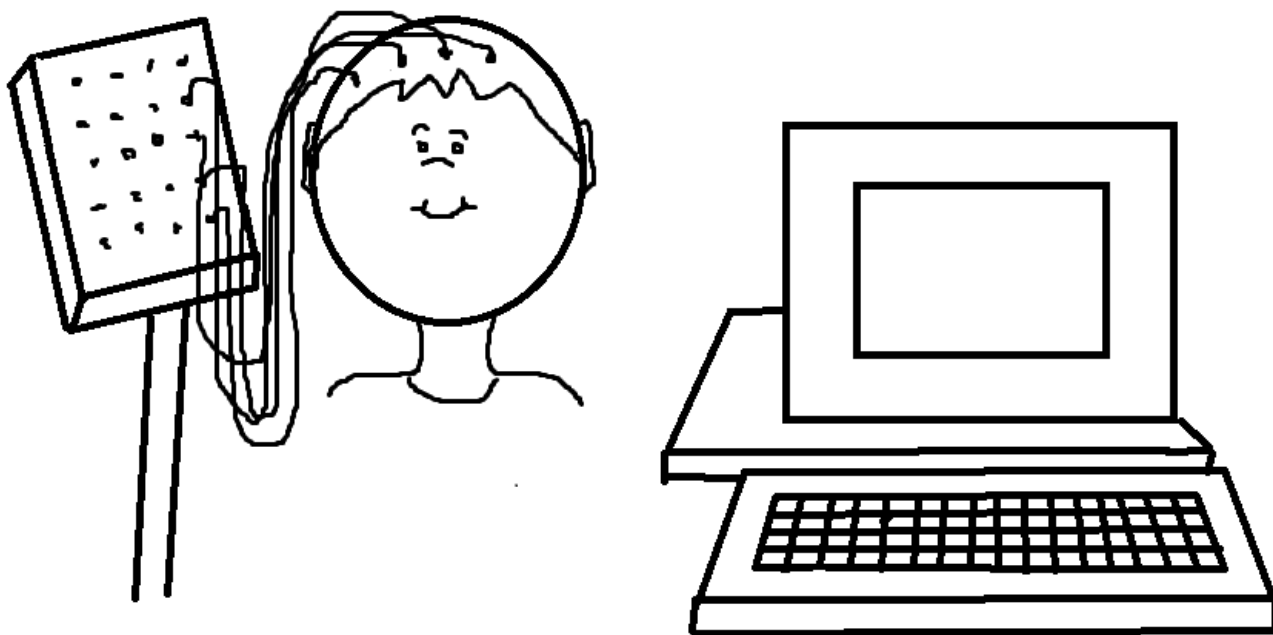
In the middle of the room there was a chair where I sat on my own, but mum was near me. I could have sat on mum's knee if I'd wanted to.

I was told about the test, and then mum and I were asked some questions; like which hand I hold a pencil with, and how old I am. I was given some toys and books to play with as well.



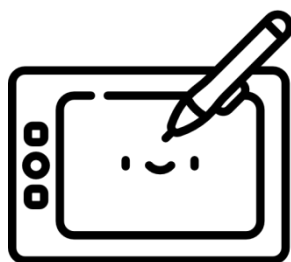
CAN YOU COLOUR ME IN?

My head was measured with a tape measure and a special pencil. It was then rubbed gently with cotton wool and small discs were put onto my head with sticky paste. It didn't hurt at all. The discs had long coloured wires and went into a box which was behind me.



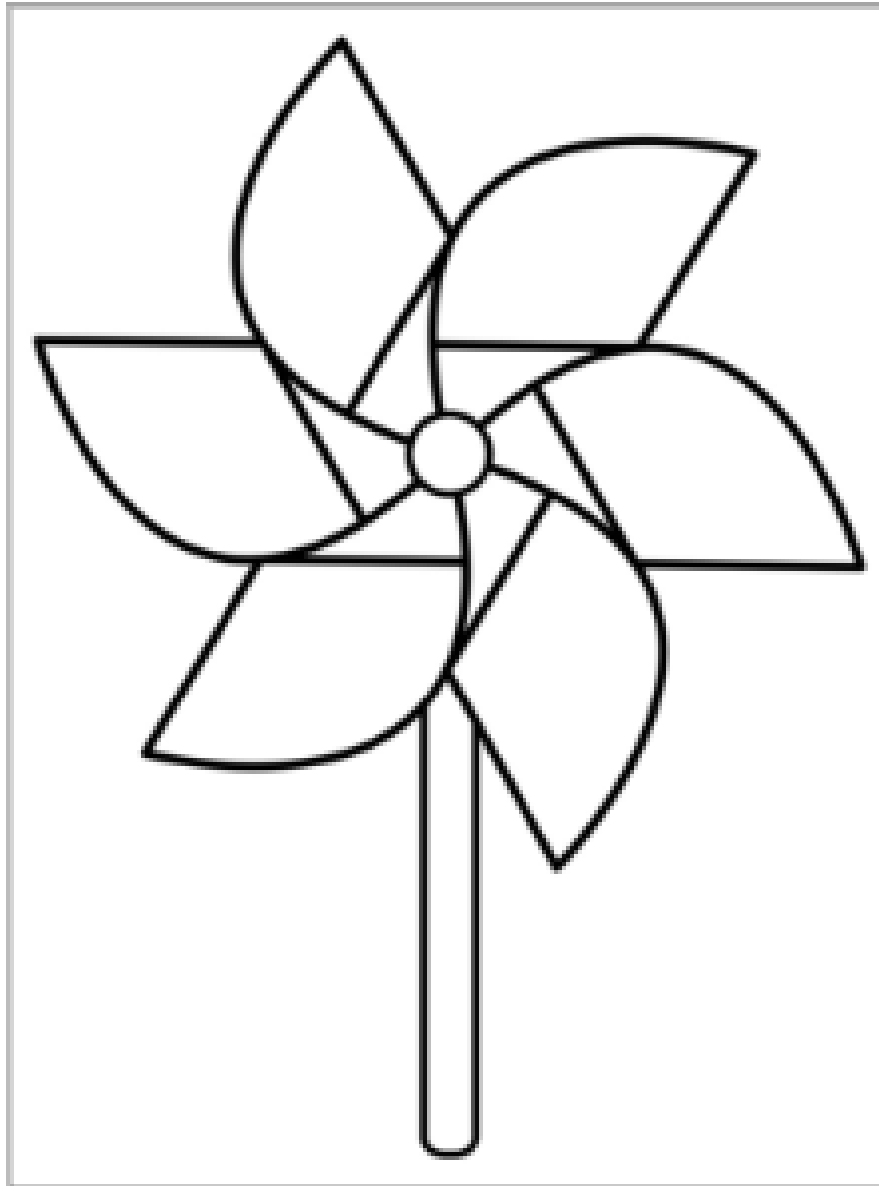
CAN YOU COLOUR ME IN?

I had to sit really still while the computer took the pictures of my 'brainwaves', but I could read a book or draw a picture if I wanted to.



Sometimes you get to lie down on a bed and can go to sleep. There's some special medicine to help you sleep too but the doctor will tell you about that when they book the test.

I was asked to close my eyes during the test and then I was asked to blow a windmill round and round which was really fun.



I was then shown a flashing light, which was really pretty. It was like looking into my toy kaleidoscope.

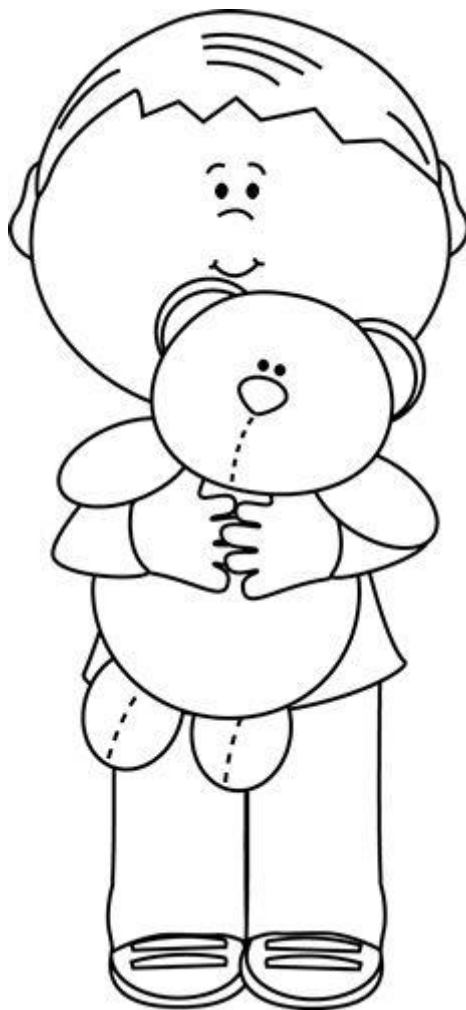


CAN YOU COLOUR IN THE WINDMILL AND KALEIDOSCOPE?

At the end the sticky discs were taken off and my hair was wiped clean and combed.

It didn't take very long and was really fun, and the best part was that I could go straight home to play and felt fine afterwards.

I hope you enjoy yourself as much as I did. Love Sam.



For more information

<https://www.youtube.com/watch?v=At3sTr7rykk>

Contact details

Neurophysiology Department: 01225 824277

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath BA1 3NG
01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.pals@nhs.net or telephone 01225 825656 / 826319