

Breastfeeding after your Lung Scan

Patients must also read their appointment letter and any enclosures carefully



Why is breastfeeding affected by this scan?

In preparation for your scan, you will receive an injection of slightly radioactive liquid. This liquid stays in your body for a few hours after your injection, and may be passed into your breast milk. Therefore, you should not breastfeed for a short period of time after your injection.

Before your injection

You can express milk before your injection and store this for feeding your baby or child in the time after the injection.

After your injection

You can cuddle your baby or child, and feed with a bottle as soon as you need to after your injection.

- You should not breastfeed straight after your injection because the milk could contain a small amount of radioactivity. A time will be written on this leaflet to show when it is safe to breastfeed.

You should express milk at your normal regular intervals and throw away the milk until the time that you are told it is safe to resume breastfeeding.

You can then continue to breastfeed as normal.

If you expressed milk in the time before your injection you can use this during your interruption to breastfeeding. Alternatively, babies can be fed formula in this time.



Interruption times

If your baby or child is 5 days or older, you will be producing large volumes of milk compared to the first few days after birth, and you will be able to start breastfeeding 14 hours after your injection.

If your baby is less than 5 days old, you are probably still producing small amounts of thick, concentrated milk. You should not breastfeed your baby during the 24 hours after your injection.

Other Information

If you would like additional advice regarding your breastfeeding interruption, you can also discuss this with your midwife or health visitor.

By following the advice in this leaflet, you ensure that your baby or child is not exposed to unnecessary radiation.

Breastfeeding interruption time

Please do not breastfeed until:

Additional information

If you have any concerns or questions with regard to the information in this leaflet, or you need this information in another format such as larger print, please telephone the Clinical Imaging and Measurement Department on the phone number below.

Clinical Imaging and Measurement: 01225 824076

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01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email ruh-tr.pals@nhs.net or telephone 01225 825656.