

Dermatology Outpatients C42

Welcome to our Dermatology department. We hope this information illustrates what you might expect during your first Phototherapy appointment with us.



Entrance to Dermatology

The Dermatology department can be found on the second floor of the hospital above the Lansdown Restaurant. Reception is on the left-hand side after entering the department. The Nurse's Treatment Room can be found at the end of the corridor.



Dermatology Treatment Room Nurse's Station

At the end of the corridor, you will find the Nurse's Treatment Room. We deliver a variety of treatments here. Check in at the Reception desk and have a seat in our waiting area until your name is called.



Narrowband UVB Phototherapy Machine

Cubicle for delivering ultraviolet light (UVB) to treat your skin condition. Doses are carefully calculated by a trained Phototherapy Nurse.

Curtains are drawn so that you can undress in privacy, and the door can be opened at any point during the course of your treatment if you are feeling hot or claustrophobic.

You will be asked to wear protective goggles and sometimes a visor during your treatment.



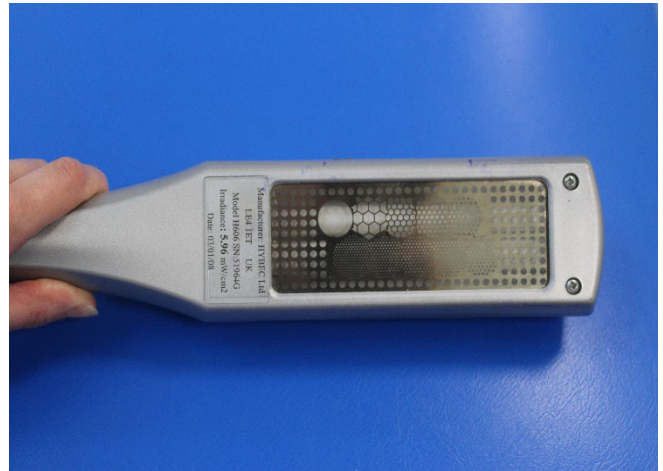
PUVA Phototherapy Machine

Used for delivering topical PUVA (Psoralen + UVA) Phototherapy to treat your skin condition. Skin is bathed in Psoralen (a liquid mixed with water) prior to exposure to UVA light.

Your arms and/or legs will be protected with fabric gauntlets and you will be asked to wear some goggles and a visor during your treatment.

MED Tester

Device that allows differing amounts of UV light through 10 testing fields. It is used to determine how your skin tolerates the light, as well as your starting dose in the Phototherapy cubicle. MED stands for Minimal Erythema Dose or the smallest amount of light that provokes a sunburn type reaction.



Nurse's Treatment Room

At the start of your appointment, you will be shown into one of our private treatment rooms. We will check your skin, discuss your current topical regime and fill out relevant paperwork. We will also perform an MED test on a small area of your skin. The result will need to be read by a trained member of staff the following day. You will also have the opportunity to ask questions.

