

What else can we offer?

In addition to the Therapy Boost Programme, we can offer support in the form of small group work e.g. Food is Fun.

Families may also be offered further specialist assessments with individual therapists, or assessment appointments to enable provision of specialist equipment for use in settings and/or at home.

We can also offer Outreach work to support children in the community who have been through the Therapy Boost Programme, and work closely with staff at any early years setting attended by the child.

How to contact us

Please contact the Children's Therapies Department if you have any questions, queries, or would like further information.

Therapy Boost Team
Children's Therapies
Children's Centre
Zone B, Dept. 11
Royal United Hospitals Bath
NHS Foundation Trust
Combe Park, Bath
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Tel: 01225 824220

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The 0 – 4's Therapy Boost Programme

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email: ruh-tr.pals@nhs.net or Tel: 01225 825656

0–4's Therapy Boost Programme

What is the 0-4's Therapy Boost Programme

The 0-4's Therapy Boost Programme is an intensive multi-disciplinary therapy provision, for children aged 0-4 years, which is carried out over 8 weekly sessions.

Who are we?

We are the Therapy Boost Team; including an Occupational Therapist, Physiotherapist, Speech and Language Therapist, and two Therapy Support Workers. We are based in the Children's Centre, at the Royal United Hospital, Bath.

We work together to:

- Provide a coordinated therapy plan
- Get to know the child and their family
- Gain a clearer understanding of the child's strengths and needs, across all areas of development.

We are able to offer a range of specialist resources and facilities; including a fully equipped Sensory Room and Soft Play Room.



Our Mission

“To deliver a multi-disciplinary play-based therapy, to enable families and settings to carry out tailored therapy programmes, within the child's everyday activities.”

Who can be referred?

Birth to school entry aged children, with a combination of complex difficulties, requiring input from 2 or more therapies.

This could include:

- A physical disability
- Genetic or metabolic disorder
- Complex feeding difficulties
- Visual or Hearing impairment
- Children presenting with complex difficulties who do not yet have a diagnosis

Who can refer?

After gaining parental consent, any professional that may have a concern about a child, can refer.

We are happy to discuss potential referrals if you are unsure.

How do we work?

Once a referral has been accepted, the child is offered a multi-disciplinary therapy assessment.

Following this, if appropriate, the child will be offered a block of weekly Therapy Boost sessions, with one of our Therapy Support Workers (TSW). Parents/Carers are expected to be present at all appointments.

The therapists devise therapeutic programmes and targets. These are then implemented by the TSW, and delivered on a 1:1 basis within a play-based session, with update from therapists as needed.

At the end of this process a Report outlining the child's current abilities, including new targets to work towards, is written and shared with the parents, and all relevant professional involved.

If further therapy input is required, this will be discussed on completion of their Therapy Boost sessions. This may continue separately with community therapists