

Supporting and guiding
Training and educating
Empowering and enabling
Providing and connecting
Seeking and campaigning



www.steps-charity.org.uk

Helpline: 01925 750271

info@steps-charity.org.uk

STEPS, Warrington Lane, Lymm, Cheshire WA13 0SA

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Company number 4379997

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Isabel Morgan diagnosed with hip dysplasia at 18 months, pictured now after treatment aged 2¹/₂

You are not alone

STEPS is here for anyone affected by clubfoot, hip dysplasia and other lower limb deficiencies. We bring people together, provide dedicated information and support, and campaign for improved standards of care.

Following the birth of her son Daniel with clubfoot, Sue Banton discovered that children affected by lower limb conditions had nowhere to turn. The frustration and isolation she faced motivated her to set up STEPS as a self-help group in 1980. Eight years later, STEPS became a registered charity and now helps over 2,000 families a year.

STEPS is the UK's only national charity which supports ALL lower limb conditions. Our valuable experience and knowledge can help you make confident and informed decisions at what can be a confusing and difficult time.

Our Vision:
to ensure that anyone affected by club foot, hip dysplasia and other lower limb deficiencies receives the best standard of treatment, information and support.

**We don't
take walking
for granted!**

Ava Bassett - Born with clubfoot



Support when you need it

When you want information, advice and support our helpline team are here to offer an expert ear and understanding in total confidence.

No matter how big or small your concern please telephone: **01925 750271** (Mon - Fri 9.30am - 4.00pm) or email: **info@steps-charity.org.uk** and remember you are not alone.

Get instant access to information via our comprehensive website: **www.steps-charity.org.uk** where you can download our advice leaflets and publications. You can also visit our online forum where you can 'meet' others facing a similar situation to yourself and share problems and solutions.



Thanks to STEPS online forum we have met another family affected by the rare condition fibular hemimelia. We not only have gained comfort and strength from each other but have formed a genuine friendship too.

Amy Colquhoun
(Euan's mum)



Family Contacts


Whether your child is affected by clubfoot, hip dysplasia or a lower limb deficiency being able to contact someone who knows what you are going through can be the biggest help when dealing with an uncertain situation. Our Family Contacts service is an informal support program putting families in touch with others who have shared a similar experience. If you require this service or would like to register to become a family contact please contact:

info@steps-charity.org.uk or call: **01925 750271**

Claire Furmedge Equipment Fund

Set up in memory of one of our supporters Claire Furmedge, who was sadly killed in July 2006 in an inflatable art structure in Co Durham, the Claire Furmedge Equipment Fund provides a valuable grant towards purchasing expensive equipment (usually car seats). Families can apply for these funds via an application form please call: **01925 750271** or download a copy from our website. If you would like to support this much needed Fund you can make a donation at:

www.justgiving.com/ClaireFurmedgeEquipmentFund or send a cheque (payable to STEPS) to our office address.

A photograph of a baby sitting in a car seat. The baby is wearing a pink and white polka-dot top and a pink and white striped diaper. The baby's legs are in a white cast. The car seat is black with red accents. The background shows the interior of a car.

Madison would not fit in her baby car seat with her hip spica cast which meant a specially adapted car seat would provide the safest method of travel as it is rear facing. Without the grant from the Claire Furmedge Equipment fund we would have struggled to afford what is an essential piece of equipment.

Louise Taylor (Madison's mum)

Researching, campaigning and supporting

Working alongside health professionals, STEPS are committed to campaigning for better treatment and support for people affected by lower limb conditions. We base our campaigns and research on your opinions and concerns.

Research can seem remote to most people, but through my involvement with STEPS and looking for treatments for my own son, I have come to realise that good quality relevant research underpins all the things I want for healthcare for myself and my family. It is also important to ensure there are good education programmes so we can put into practice all the things that we have learnt through research"

Sue Banton MBE, founder of STEPS

International

Over 80,000 children are born in developing countries each year with clubfoot, many of whom will go untreated. We are endeavouring to work with other organisations to improve training and health programmes in developing countries, to raise awareness of clubfoot and the treatments available, offering local solutions to local problems.

STEPS also sends any unwanted boots and bars to developing countries such as Kenya and Papua New Guinea. Without our support, many parents of children affected by clubfoot would not be able to afford this essential part of treatment.

STEPS in South Africa

Karen Moss developed the first clubfoot website in South Africa which was so well received it inspired her to set up the first STEPS group outside the UK. The charity provides information and support for children with clubfoot and other lower limb conditions please visit:

www.steps.org.za



Get involved and make a difference

Without your support and donations we would not be able to make a difference to the lives of children and adults affected by lower limb conditions. We rely mainly on voluntary donations and community fundraising to support our work.

If you would like to support us, there are so many easy ways you can get involved, please telephone: **01925 750271** or email: **julie@steps-charity.org.uk** to request a fundraising information pack .



We don't take walking for granted

Whilst lower limb conditions may not be life threatening, for the people affected they are certainly life changing. Every penny counts and your donation is greatly appreciated and will make a vital difference to STEPS.

Please complete and return to: **STEPS, Warrington Lane, Lymm, Cheshire WA13 0SA**

Name: _____
Address: _____
_____ Postcode: _____
Tel (Home): _____ Tel (Mobile): _____
Email: _____

I'm happy for STEPS to contact me by email. I understand that I can unsubscribe at any time. Please tick.

I would like to make a donation to STEPS (Please make cheques payable to STEPS).

Cheque Credit Card Debit Card Please tick: £15 £30 £50 Other £

Credit/Debit card number

Expiry date / 3 digit security code Issue number (if applicable)

Gift Aid It - to qualify for Gift Aid, what you pay in income tax or capital gains tax must equal the amount we will claim in the tax year. You can make your gift worth 28 per cent more by allowing us to claim Gift Aid - at no extra cost to you.

Tick here if you are happy for us to claim Gift Aid for this and any future donations you make to STEPS.