

Contact Information

Alison Steene

Senior Children's Physiotherapist
Children's Therapies Zone B11
Royal United Hospital
Bath
BA1 3NG
Tel: 01225 824220

Kate Whiting

Children's Occupational Therapist
Children's Therapies Zone B11
Royal United Hospital
Bath
BA1 3NG
Tel: 01225 824220

Therapy follow up sessions are held at the Children's Outpatients Zone B11, at the Royal United Hospital Bath.

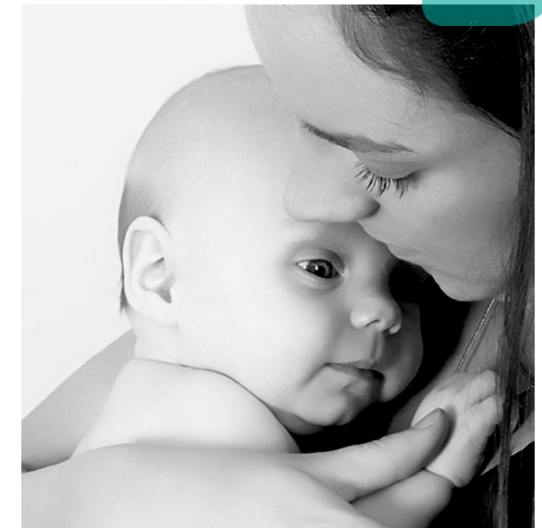
For more information please contact us on the numbers provided.

Royal United Hospitals Bath
NHS Foundation Trust
Combe Park, Bath BA1 3NG
01225 428331 www.ruh.nhs.uk

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feed back your experience of the hospital.

Email ruh-tr.PatientAdviceandLiaisonService@nhs.net
or telephone 01225 825656.

When to seek further advice from the Neonatal Physiotherapist and Occupational Therapist



Guidance on when to contact the Neonatal Physiotherapist and Occupational Therapist

Your baby has now been discharged from the Neonatal Physio and OT Team following today's appointment.

Because of your baby's experiences around their birth there is still a risk of developmental problems becoming more obvious as he/she grows older and is expected to be able to do more.

We have put this leaflet together to help you decide if you need to contact us in the future. We will always be willing to see your baby again if you have any concerns about:

- The way in which your baby is moving.
- You think your baby is delayed in their gross motor skills such as sitting, crawling or walking.
- The way your baby is playing and using his/her hands.

Specific Concerns

Please contact us if your baby:

- Has poor variation in their movements.
- Prefers to use one hand more than the other.
- Keeps his/her hands fisted.
- Dislikes or avoids sitting on the floor.
- Is not sitting independently by eight months old.
- Is stuck in a sitting position and cannot move out of this.
- Takes steps along furniture consistently in one direction leading with the same leg.
- Weight bears on his/her toes after they have been standing for one month.

Developmental Milestones

This is a guide to when your baby might reach certain developmental milestones. Please be aware there is a wide normal range and not all babies develop at the same rate. If your baby was born prematurely please adjust his/her age to their original due date.

5 months old

Rolls around the floor. Holds a small toy in their hand and will bring this to their mouth.

6 months old

Beginning to sit independently. Can use a raking motion with their hands to pick up toys or food from highchair.

9 months old

Moving out of sitting and beginning to crawl. Can transfer a toy hand to hand.

11-12 months old

Beginning to pull up to stand on you or at furniture. May begin to take sideways steps along furniture. Show an interest in toys where they press a button and then something happens.