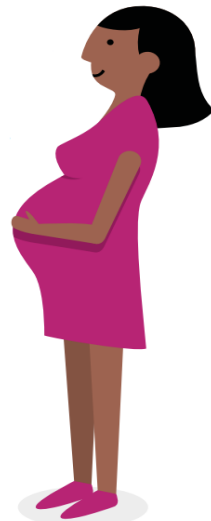


# Maternity research.

Information for women  
and birthing people.



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## What is maternity research?

We continually question what we do and try to find better ways. This is what maternity research is all about.

## Why is research important?

- It enables us to develop new and better treatments
- We learn more about complex conditions which may affect pregnancy
- We can improve care for families
- Research active hospitals have better health outcomes

## Who we are.

The maternity research team are midwives, nurses, doctors and clinical trial assistants based at the Royal United Hospitals NHS Foundation Trust. This includes the community hospitals in Trowbridge, Frome, Chippenham and Paulton.

## Taking part in research.

During your pregnancy you may become eligible for certain research studies. We may approach you during your care to invite you to take part.

## How women feel who have been part of research

*'I enjoyed the chance to take part in research; it was a way for me to help and make sure more ladies are healthy during pregnancy, more pregnancies reach full term and more babies are born healthy'*

*'The research team were amazing and answered all my questions and I learnt something new along the way'*

## The RUH, where you matter



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## There are two ways in which you may become involved in research:

### Studies that you will only be part of if you say yes

- You might be invited to take part in a specific study by a member of the clinical team.
- This will be due to a certain health condition or personal circumstance.
- These studies are not open to everyone.
- You might see posters or leaflets about studies that you would like to be part of - please contact the maternity research team for more information.

### Studies that you will be part of unless you say no

- We are taking part in some research projects that use information from your electronic patient records.
- This information is totally anonymous and is taken from records routinely collected from everyone.
- If you do not want your information to be used you can opt out using the NHS national data opt out using the following webpage:

<https://www.nhs.uk/your-nhs-data-matters/>

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## Past projects

Work we have carried out in the past has helped us understand more about complex conditions such as pre-eclampsia and diabetes in pregnancy. We have also improved our care in labour by finding alternative options for pain relief and better maternal positions for those who have chosen to have an epidural.

## Current studies

Please [click on this link](#) for details.

## How you can get involved

If you are interested in taking part in research, please contact the maternity research team for a chat.

**Email:** [ruh-tr.maternityresearch@nhs.net](mailto:ruh-tr.maternityresearch@nhs.net)

**Phone:** 01225 821894

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If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 82565

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