

Finding us

The Respiratory Lab is situated in the Respiratory Outpatient Department on the 2nd Floor of Zone B, department B49.

If you have any questions please contact the Respiratory Lab.

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email ruh-tr.pals@nhs.net or telephone 01225 825656.

FENO

Fractional Exhaled Nitric Oxide Test





What is a fractional exhaled nitric oxide (FENO) test?

Your doctor has asked that you have a FENO test. This is a way to measure inflammation (swelling) in the bronchial tubes of the lungs.

The test may be used to diagnose asthma, to evaluate a chronic cough, or to see how well inhaled corticosteroid (ICS) treatment is working in a patient who has already been diagnosed with asthma.

What does the test involve?

You will be seated for the test.

You will be asked to breathe in as fully as possible and blow out at a steady pace.

This will be repeated a few times.

Preparing for the test

- Do not smoke on the day of the test.
- Do not consume any food or drink for 1 hour before the test.
- Do not take any strenuous exercise for 1 hour before the test.