

Instructions for CT Abdomen/Pelvis: 48 hour bowel preparation

Please find enclosed a glass bottle of Gastrografin.

Do **not** take the Gastrografin if you have:

- previously had an allergic reaction to intravenous contrast (x-ray dye injection)
- difficulty in swallowing
- an over active thyroid or Grave's disease

If so, please contact us on (01225) 825989.

Two days before your CT Scan:

At 8am – add 1 teaspoon of Gastrografin to ½ pint (280mls) of water or squash and drink. Repeat this at 12 noon and 8pm.

The day before your CT scan:

At 8am – add 1 teaspoon of Gastrografin to ½ pint (280mls) of water or squash and drink. Repeat this at 12 noon and 8pm.

Any remaining Gastrografin in the glass bottle should be returned to the hospital or any pharmacy to arrange safe disposal.

The day of your CT scan:

Do not eat during the 2 hours leading up to your appointment time, however you may drink non-alcoholic beverages.

If you are diabetic and taking **Metmorfin**, we will need to know whether your kidney function is **normal or abnormal** before we can do your scan. Please can you obtain this information from your GP or specialist. If your kidney function is abnormal, the radiographer may tell you to stop your Metformin for 48 hours after the scan and instruct you to have your kidney function checked again before recommencing the Metformin.

Please do not wear items of jewellery, as they may need to be removed prior to the CT scan.

Further Information

If you have any queries about the preparation for the CT scan, or are unsure about taking the medicines, please contact your GP or the X-ray Department on 01225 825989.

Appointments will only be changed in cases of emergency.

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.PatientAdviceandLiaisonService@nhs.net or telephone 01225 825656.