

COVID 19: Advice for parents of children assessed at the RUH

Your child has symptoms of fever and/or respiratory infection but has been assessed as medically fit to go home.

Is this Coronavirus (COVID 19)?

As part of the NHS 'Test and Trace' service, your child will be swabbed for COVID 19. Results may take up to 3 days to come back, and you will be contacted by the Test and Trace service if the result is positive. If the result is negative, your child's symptoms are probably due to one of the many other respiratory viruses in the community.

What do I need to do now?

You must assume that your child may have COVID 19 and therefore follow government guidelines:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

All household members should self-isolate for 14 days from your child's first day of symptoms.

How can I help my child?

There is no specific treatment. Keep your child well hydrated with regular drinks, and comfortable with paracetamol as required. We currently advise **avoiding** ibuprofen if possible.

Practical advice is available via the free HANDi app for apple and android devices.



Scan the QR code to download

Search for HANDi Paediatric on your app store.



How long will symptoms last?

In most children this virus is relatively mild but symptoms of cough may last for several weeks.

If your child has worsening breathing, drowsiness or you are significantly concerned that they are getting more unwell please telephone your GP surgery, NHS 111 website or phone 111 or call 999 in an emergency.

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.pals@nhs.net or telephone 01225 825656 / 826319.