

Domperidone + Ibuprofen/ Aspirin/ Paracetamol

How do these tablets work?

These tablets act in different ways to counter three main problems of migraine.

- Domperidone

Domperidone reduces the nausea associated with migraine and helps to the stomach to absorb other medication into your blood stream more quickly

- Ibuprofen and Aspirin

Are anti-inflammatories which reduce the inflammation component of migraine.

- Paracetamol

Is a useful painkiller which alleviates the pain component of migraine.

How should I take them?

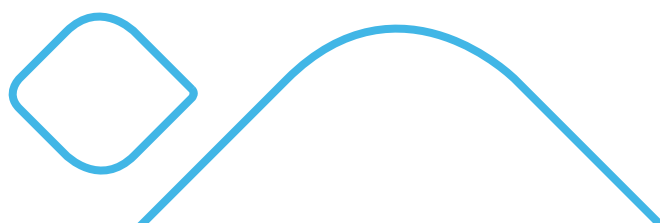
The tablets are meant to be taken together. They act in different ways and complement each other.

You should take: Domperidone 10 mg one tablet
+
Soluble Aspirin 300 mg x three tablets
or
Ibuprofen 600 mg – effervescent or liquid capsules
or
Soluble Paracetamol 500 mg x three tablets (if you cannot take aspirin/ibuprofen)

After four hours if your headache returns after a successful first dose, you can take:

Domperidone 10 mg x one tablet
+
Soluble Aspirin 300 mg x one tablet or Ibuprofen 600 mg
or
Soluble Paracetamol 500 mg x one tablet

Domperidone and effervescent Ibuprofen are only available on prescription; aspirin and paracetamol can be bought directly from the chemist. Although these dosages are slightly higher than normally recommended, it is important to get the blood levels of these tablets up to adequate levels quickly. Take them at the earliest indication of an attack. If vomiting is a problem, ask your doctor for domperidone and anti-inflammatory suppositories.



Do these tablets have side effects?

All tablets have a number of side effects listed in the medication packets. However, side effects are rare. If you have gastroesophageal reflux disease or previous stomach ulcers, then ibuprofen and aspirin should be avoided. Some people with cardiac conditions should avoid domperidone.

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath, BA1 3NG

01225 428331 | www.ruh.nhs.uk

If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656 or ruh-tr.psct@nhs.net