

## Post Procedure Advice

# Bronchoscopy

### After your investigation

BECAUSE YOU HAVE BEEN SEDATED, FOR THE NEXT 24 HOURS ...

- You **cannot legally** drive
- You must not operate machinery
- You must not drink alcohol
- You should not sign legally binding agreements
- You must not care for dependants, children or elderly relatives
- You must have someone to supervise you at home

### You may experience:

- Slight blood loss on coughing and blowing your nose
- A mildly sore throat which usually resolves within 24 hours; taking throat lozenges will help
- Due to the amount of local anaesthetic used you must not have anything to drink until \_\_\_\_\_. Try firstly with cold water

### Follow up

- You may resume normal medications after your test. Please ask if you are not sure. If you have been advised to stop your warfarin for this test, a nurse will let you know before you leave when it is safe to resume taking it.

- If biopsies have been taken the results will be made known to you at your outpatient appointment or at your GP's surgery
- You should not have anything to eat or drink for 2 hours following your test. This is due to the amount of local anaesthetic that has been used during the procedure. After 2 hours have some sips of cold water. If this water seems to go down well and you don't cough and splutter you can eat and drink as normal. If you do cough then leave it another half an hour and try again with water first of all.

## **IF YOU DEVELOP ANY OF THE FOLLOWING SYMPTOMS:**

- Severe pain and/or vomiting
- Passing or vomiting blood
- A raised temperature and/or 'flu like' symptoms
- Redness, pain and/or swelling of the injection site

**TELEPHONE ENDOSCOPY: 01225 821425 OR 01225 821788 UNTIL 6pm. FROM 6pm PLEASE CALL 01225 824430 WHERE YOU WILL SPEAK TO A NURSE FOR ADVICE.**

## **IF IN DOUBT GO STRAIGHT TO THE NEAREST EMERGENCY DEPARTMENT**

Royal United Hospitals Bath NHS Foundation Trust  
Combe Park, Bath BA1 3NG  
01225 428331 [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email [ruh-tr.pals@nhs.net](mailto:ruh-tr.pals@nhs.net) or telephone 01225 825656 or 826319.