

Patients will have the opportunity to discuss the reasons for their admission to Critical Care. Clinic staff will be able to offer immediate support or signposting to address ongoing physical or psychological needs and concerns. The clinic will also give patients the opportunity to provide feedback to members of the Critical Care team.

At this time, the clinic is only in place for patients following a stay on the Critical Care Unit at the RUH. The service is not available for families or supporters. More information and support for anyone affected by a Critical Care admission is available at <https://www.icusteps.org>.

## Contact Us

Phone number: 01225 825707 between 11:00-13:00 Monday-Friday

Email: [ruh-tr.criticalcarefollowup@nhs.net](mailto:ruh-tr.criticalcarefollowup@nhs.net)

RUH Webpage:

[https://www.ruh.nhs.uk/patients/services/wards/critical\\_care\\_services/index.asp](https://www.ruh.nhs.uk/patients/services/wards/critical_care_services/index.asp)

Royal United Hospitals Bath NHS Foundation Trust  
Combe Park, Bath BA1 3NG  
01225 428331 [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email [ruh-tr.pals@nhs.net](mailto:ruh-tr.pals@nhs.net) or telephone 01225 825656 or 826319

## Critical Care Follow-up Clinic

Following discharge from the Critical Care Unit



## Introduction to the follow-up clinic

National guidelines support the provision of a follow-up clinic for patients who have been admitted to Critical Care.

### Aims of the follow-up clinic

Our service aims to identify any ongoing needs or concerns that patients may have as a result of their stay on Critical Care.

### Who should come to the follow-up clinic?

Clinic appointments are especially helpful for patients who have experienced negative consequences linked to a Critical Care admission such as;

- Reduced mobility
- Loss of independence
- Loss of identity
- Changes in mood
- Nightmares or flashbacks

The nature of the Critical Care admission or the length of time patients have stayed on Critical Care can also be significant in deciding who could benefit from the clinic service.

Letters will be sent by post to patients 1-2 months after leaving Critical Care at the Royal United Hospital. Some patients will be offered an appointment 2-3 months after leaving Critical Care and others will be given the chance to self-refer to the clinic.

### How do I book an appointment to the follow-up clinic?

If the follow-up clinic team have not contacted you and you would like to book an appointment to come to the clinic, please contact the team (using the phone number or email details are on the reverse of this leaflet).

### Who will deliver the follow-up clinic?

Our service will be run by experienced Critical Care staff. Patients may meet one or all of the following;

- Consultant
- Nurse
- Physiotherapist
- Psychologist

The team are also supported by medical secretaries and reception staff.

### What to expect at your follow-up clinic appointment

On the first visit to the follow-up clinic, patients will be asked to identify any ongoing health needs or concerns and complete a health survey. This information will determine which members of the follow-up team they need to meet.