

## Burns Injury

### Contact Details

If you have any questions please telephone the RUH Emergency Department on

**01225 824000 (day)**

**01225 825015 (night)**

Royal United Hospitals Bath  
NHS Foundation Trust  
Combe Park, Bath BA1 3NG  
01225 428331 [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email [ruh-tr.PatientAdviceandLiaisonService@nhs.net](mailto:ruh-tr.PatientAdviceandLiaisonService@nhs.net)  
or telephone 01225 825656.

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## Burns Injury

If you have burns on your body, arms or legs, we will put dressings on them.

If you have burns on your hands or feet we might decide to treat them in a plastic bag. This means that you can still move your fingers and toes so that they do not become stiff. The skin inside the bag might go white and soggy, but it will go back to normal once the bag is taken off. It might take your wound a couple of weeks to heal.

### You should:

- ✓ Keep the burn and dressing clean and dry
- ✓ Take tablets such as Ibuprofen or Paracetamol regularly (both available from a chemist) to relieve the pain.

### You should not

- ✗ Take the dressing off

### Go to your GP surgery, Walk In Centre, Minor Injuries Unit or Emergency Department if:

- You accidentally get the dressing wet
- The burn starts to feel worse
- You feel ill or develop a high temperature.

### Go to your nearest Emergency Department if:

**Children with a burns injury develop a high fever, a rash, diarrhoea and/or vomiting or irritability abnormal for them.**