

Having an ECG

(Electro Cardio Gram)





An ECG is a test to check your heart



A member of staff will ask you to lie on your bed.



Your carer or a friend or a member of family can stay with you if you want.



You will be asked to take your top off.
Stickers will be placed on your chest, arms and legs.

Don't worry it will not hurt.



You will need to lie still and relax while the machine takes a recording of your heart beat.



A member of staff will look at the results.

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If you would like some more help please contact Patient Advice and Liaison Service (called PALS for short). PALS can also help you tell the nurses and doctors what you think of your care. Email ruh-tr.PatientAdviceandLiaisonService@nhs.net or telephone 01225 825656.