

# Having a Pre-op Assessment



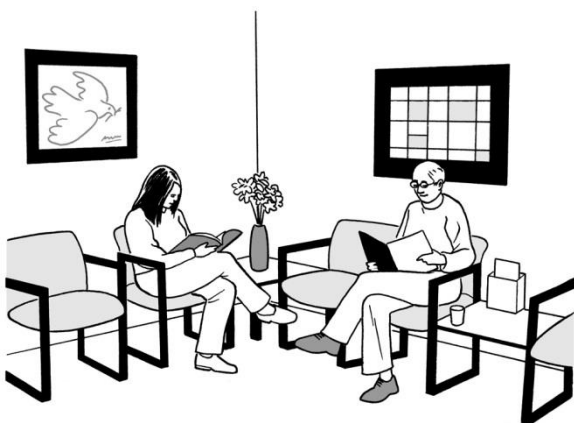


If you are going into hospital for an operation, you may have to come to the hospital for some checks.



Remember to bring your appointment letter.

Go to the reception desk in the Pre-operative assessment unit.



You may need to sit in the waiting room until nurse calls out your name.



The nurse will call you into a room.

You will be asked questions about your health.



The nurse will check your blood pressure.

This is done by putting a band on your arm.



The nurse will weigh you and check how tall you are.



You may need to have a blood test.



You might be asked for a urine (wee) sample.



You might need a test called an ECG.

This shows how your heart is working.

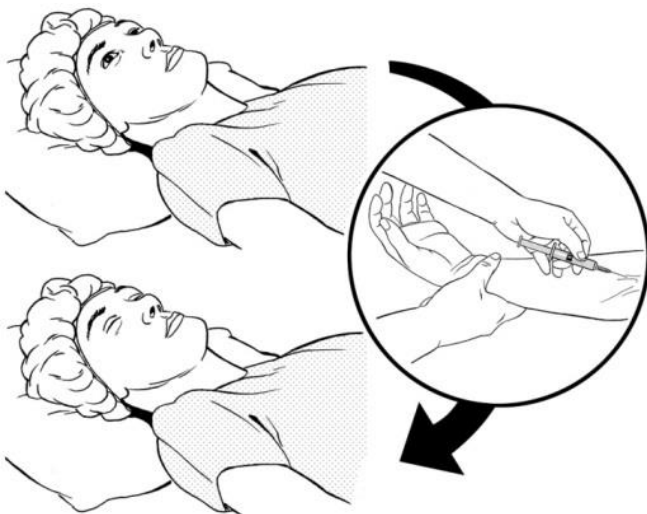




The nurse will use a long cotton wool bud to wipe inside your nose and mouth. This is called an MRSA screen.



When the tests are finished a doctor might come to talk to you about the general anaesthetic.



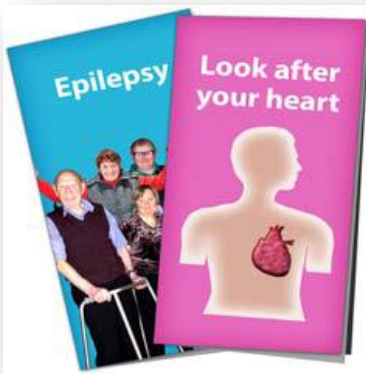
General anaesthetic is the medicine you will be given to make you go to sleep before the operation.



The nurse will explain what will happen during your operation.



If you or your carer or family have any questions please ask the nurse.



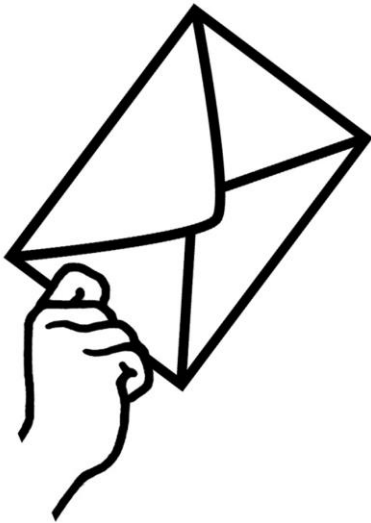
You will be given a leaflet about your operation.



After you will be able to go home.



The nurse will give you, your parent or carer a sheet with more advice for you to follow at home.



You will receive a letter with date of operation by post.

Royal United Hospitals Bath NHS Foundation Trust  
Combe Park, Bath BA1 3NG  
01225 428331 [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

If you would like some more help please contact Patient Advice and Liaison Service (called PALS for short). PALS can also help you tell the nurses and doctors what you think of your care. Email [ruh-tr.PatientAdviceandLiaisonService@nhs.net](mailto:ruh-tr.PatientAdviceandLiaisonService@nhs.net) or telephone 01225 825656.