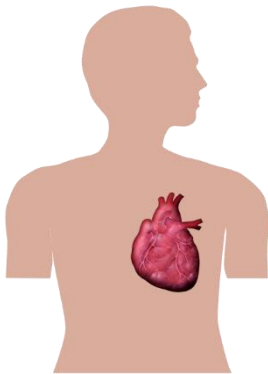




Checking your vital signs



The nurse will check your vital signs. This is also called obs or observations.

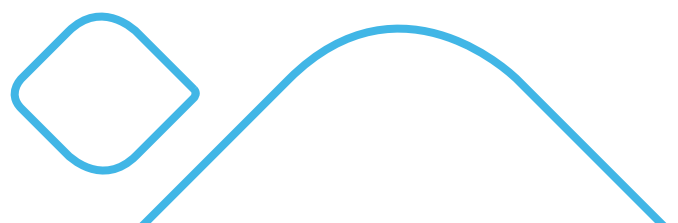


Blood Pressure

This is to check your heart is pumping your blood around your body properly.

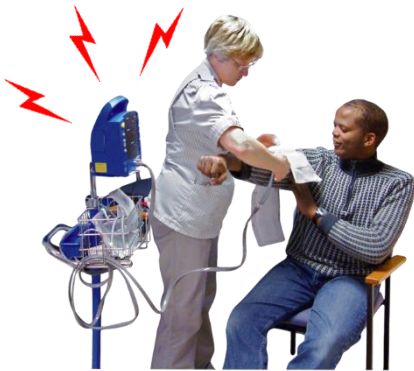


This is a blood pressure machine.





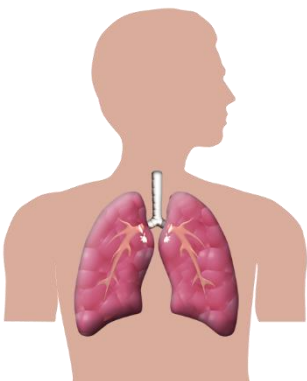
The nurse will wrap the cuff around your arm and it will go tight.



It will not last long. The machine will beep when it is finished.

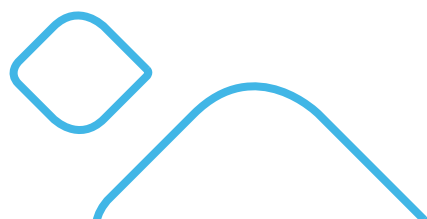


The nurse will take the cuff off of your arm.



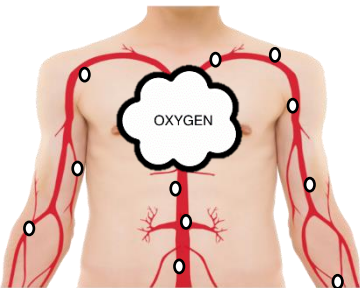
Oxygen Levels

This is to check that your lungs are working properly.





The nurse will place a clip on your finger.



The clip will measure the amount of oxygen in your blood.



The nurse will take the clip off your finger.



Temperature

The nurse will use a thermometer for this.



The nurse will put the thermometer in your ear.



The thermometer will beep when it has taken your temperature.



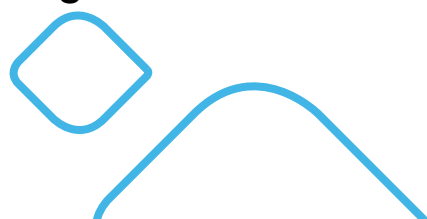
Pulse


The nurse will put their fingers on your wrist to check how fast your heart is beating.



Respiratory Rate

The nurse will watch your chest to check how fast you are breathing.





Please contact the Patient Support and Complaints Team if you require this leaflet in a different format, or would like to feedback your experience of the hospital.

Email ruh-tr.psct@nhs.net or telephone 01225 825656.
