

Having your Blood pressure, pulse and temperature taken





Blood Pressure machine



The nurse will put a band
around your arm.

It will get very tight.



The nurse will check your pulse by putting a clip on your finger.



Having your temperature taken can let us know if you are poorly.



The nurse will put the thermometer in your ear.

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If you would like some more help please contact Patient Advice and Liaison Service (called PALS for short). PALS can also help you tell the nurses and doctors what you think of your care. Email ruh-tr.PatientAdviceandLiaisonService@nhs.net or telephone 01225 825656.