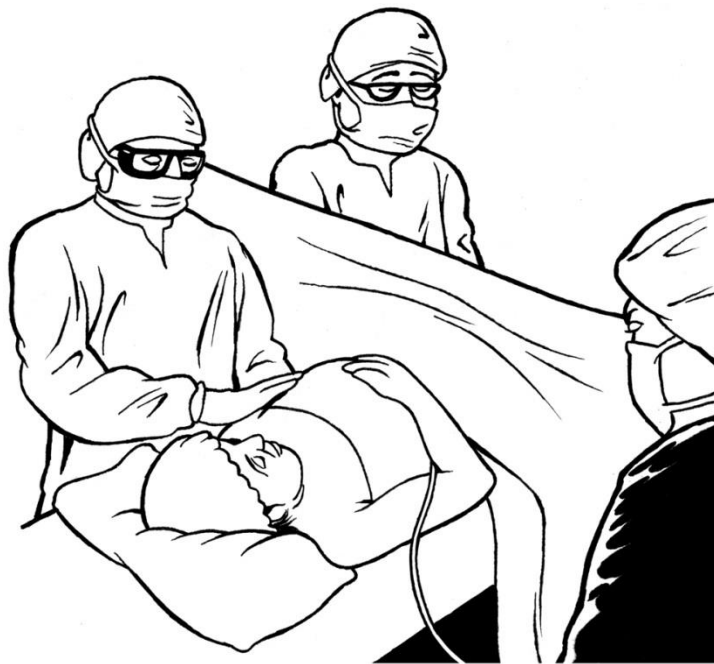


Having a day case operation



A day case operation is when a patient has planned to come into the hospital for an operation. The patient doesn't need to stay overnight and returns home the same day.



You must not have any food for a minimum of 6 hours before you come to the hospital.



Check with the nurse if you can have a glass of water.



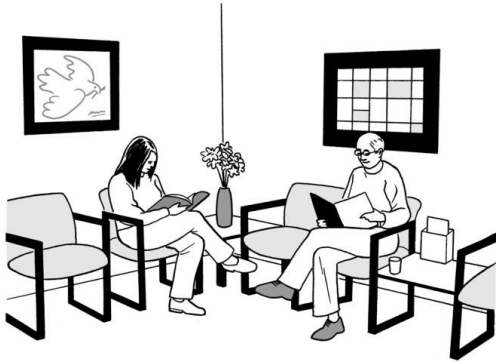
At the hospital, Volunteers help you find your way.

Volunteers wear a blue sash or a badge.



Remember to bring your letter.

Go to the reception desk in the Surgical Short Stay Unit.



You may need to sit in the waiting room until nurse calls your name.



You will meet the nurse who will talk to you and your family.



Nurse will take you to the bed.



Your family or your carer can stay with you.



The nurse will put a bracelet on one of your arms.



You will meet a doctor.
The doctor may wish to examine you.



The doctor called anaesthetist will come and see you.



The nurse will ask you to put on a hospital gown.



When it is time for your operation, you will go to the theatre.

You will lie down on the bed.



The nurse may put some cream on to make your skin numb, so the needle will not hurt you.



They will put a thin needle with a plastic tube into the back of your hand.



Medicines will be put into a tiny tube in your hand.



You will go to sleep for some time when you have your operation.



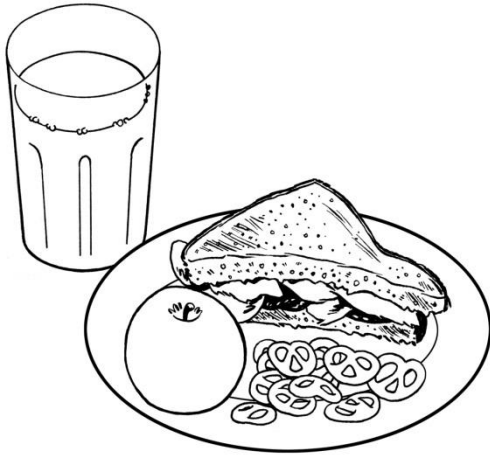
The doctor will look after you while you are sleeping. You will wake up after your operation.



The nurse will give you medicine if you feel sore or sick.



You may have to rest for a while.



You can have something to eat or drink when you feel hungry, when the nurse says it is ok to eat.



The doctor and nurses will tell your family or carer when it is the time to go home.

Your family will take you home.

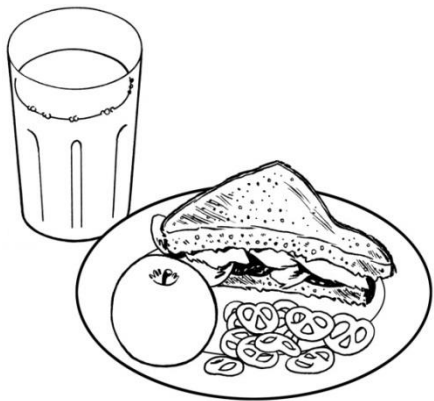


After your operation, if you had anesthetic, the drugs used can affect you up to 24 hours.

You may feel sleepy.



Do not take any legal decisions or sign any legal documents.



Drink lots of water.

Eat light food.



Make sure you have adult or carer at home to take care of you for next 24hrs after you go home.



If you have any problems or worries, please ring your GP surgery.

Royal United Hospitals Bath NHS Foundation Trust
Combe Park, Bath BA1 3NG
01225 428331 www.ruh.nhs.uk

If you would like some more help please contact Patient Advice and Liaison Service (called PALS for short). PALS can also help you tell the nurses and doctors what you think of your care. Email ruh-tr.PatientAdviceandLiaisonService@nhs.net or telephone 01225 825656.