

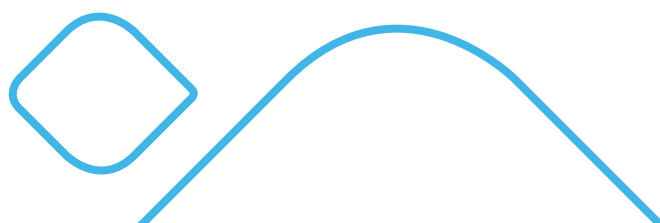
## Elective Cardiology Procedure patient information

### Preparing for your admission.

- We aim to make your brief stay in hospital as pleasant and comfortable as possible and provide the highest standard of care.
- If you have been asked to have blood tests and/or an MRSA screen, please ensure these are done within the timescale requested.
- Please note we will not be able to accommodate visitors or relatives within the unit on the day of your procedure without prior agreement. If this is a concern for you, please discuss it with the nurse in charge on 01225 825394 or Senior Sister 01225 821479.

### Please be aware prior to your admission

- Please contact the 'pre-op'/Daycase team if you have any illnesses, colds/flu, diarrhoea or vomiting within 48hrs; we may have to rearrange your appointment.
- Please ensure you have made transport arrangements for getting you home.
- Before admission you must arrange an escort (responsible adult) who will accompany you home and stay with you overnight following sedation and your procedure.
- You may be required to shave your chest prior to admission if you are having a cardioversion.
- You will receive an appointment letter with appropriate information regarding eating and drinking. Please be aware this is procedure related.
- Please note E-cigarettes chargers are regarded as a potential fire hazard. We ask that you do not bring them with you.
- Please ensure that any valuables are kept to a minimum.
- You will be advised by the pre-op team regarding medications ie which ones to take, stop or add in.
- All patients coming into hospital for a planned cardiology procedure must bring their medication with them, books or magazines as required.
- If you live alone, please ensure you have made arrangements to have food in the house, adequate heating for your recovery or relevant support when you get home. This would include painkillers as required. This will be discussed with during you pre procedure consultation with the Nurse ie Pre-op appointment.
- If you have a planned overnight stay please ensure you have the following items with you.
  - Toiletries for washing
  - Nightwear, slippers/dressing gown.



---

## Day of admission.

- Please do not arrive before the allocated time given on your appointment letter.
- Please follow the advice regarding eating/drinking and medication strictly on the appointment letter.

## Before your procedure.

- Please be aware that many different procedures will be taking place on the same day and as such this may change the estimated time for your procedure. Please ask if you are concerned.
- The nursing team will keep you informed of any delays to your procedure due to unforeseen emergencies.
- You will be asked to change into a gown and have a cannula sited in your vein and you will be seen by the Consultant or a member of their team either in the Daycase unit or immediately prior to your procedure.

## After your procedure.

- You will be returned to the Daycase unit (unless otherwise advised by the Consultant).
- You will have your heart rate and blood pressure checked regularly.
- You may be attached to a heart monitor.
- You may have an oxygen mask in place.
- You will be advised when you can eat and drink and get out of bed.
- You will be given appropriate advice on wound care and driving on your discharge home.
- Ongoing treatment or follow up will be discussed with you.

**Cardiology Pre-admission Team 01225 821479/821480**

**Cardiology Daycase Unit 01225 825394**

*For information regarding your procedures, please refer to the British Heart Foundation Websites..*

Royal United Hospitals Bath NHS Foundation Trust  
Combe Park, Bath, BA1 3NG

01225 428331 | [www.ruh.nhs.uk](http://www.ruh.nhs.uk)

If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

---

Date of publication: March 2026 | Ref: RUH CAR/029  
© Royal United Hospitals Bath NHS Foundation Trust