

Patient Information Cardiology

A Guide to Sedation

You may be offered sedation before and during your procedure. Sedation is administered intravenously through a cannula and works quickly to help you relax for the procedure. Sedation may cause side effects (e.g. drowsiness, light-headedness, nausea) though these are usually short lived.

If you are given sedation, please be aware of the following:

- Increased risk of falling, particularly if you are older or frail. You should have someone responsible staying with you for 24 hours after the procedure
- You cannot drive for 24 hours and will need to plan for someone to collect you (unless hospital transport is being provided)
- Avoid alcohol consumption for 24 hours after your procedure as this is likely to prolong the effects of sedation and cause you to be excessively drowsy
- Avoid making legal decisions or signing legal documentation for at least 24 hours
- Do not operate heavy machinery for at least 24 hours

The effects of sedation vary from one person to another. If you have specific questions relating to the use of sedation medications, please do not hesitate to ask your healthcare provider.

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