

Patient Information Cardiology

A Guide to Direct Current Cardioversion

DCCV

Please arrange for a responsible adult to drive you home. If you are using a taxi or hospital car, we still advise you to be accompanied.

Anaesthetic will affect each patient differently, but you should not expect to do anything too strenuous. You can be moderately active, but it is important that you listen to your body and rest if you become less comfortable.

As anaesthetic drugs disappear rapidly from your system, these are likely to have little effect on your recovery. However, for the **first 36 hours** please comply with the following advice:

- You must not drive a car or other vehicle. Your insurance may be invalid if you do.
- You must not drink alcohol or take sedatives (e.g. sleeping tablets).
- You must not take sole charge of dependants (e.g. children or vulnerable adults).
- You must not make important decisions or sign legal documentation.
- Do not operate heavy machinery or power tools.

If you feel unwell once you are home, please contact your GP or 111

Please contact Cardiology Day Case Unit if you have any further questions
Tel: 01225 825394

We strongly advise you to have at least one day off work or study following an anaesthetic. You may need longer than this to recover properly depending on how you feel.

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If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

