

# Care of your wound:

## Applying surgical tape

You have had surgical tape applied to support your wound, promote healing and to reduce the risk of problematic scarring.

### Instructions for using the tape

- Apply to clean, dry skin every 7 days or sooner if it comes off
- Apply the tape along the length of your scar, preferably in a single strip
- Run your fingertip along the surface of the tape to apply pressure and ensure it is well stuck down and secure
- You may shower with the tape in place (unless advised otherwise by your Breast Clinical Nurse Specialist) and then blot dry with a clean towel or dry with a hairdryer
- Continue to apply the tape for 6 weeks
- Please stop using the tape if you experience irritation or any rash to your wound
- **Do not remove the tape daily as this will cause you to lose the top layer of skin cells which will affect the healing process.**

**Please contact the Breast Clinical Nurse Specialists with any queries or concerns about your wound on 01225 824057 (Mon. to Fri. 8am-6pm)**

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If you would like this leaflet in email form, large print, braille or another language, please contact the Patient Support and Complaints team on 01225 825656.

