

Care of your wound: Applying surgical tape

Breast Unit Patient Information

You have had surgical tape applied to support your wound, promote healing and to reduce the risk of problematic scarring.

Instructions for using the tape

- Apply to clean, dry skin every 7 days or sooner if it comes off
- Apply the tape along the length of your scar, preferably in a single strip.
- Run your fingertip along the surface of the tape to apply pressure and ensure it is well stuck down and secure
- You may shower with the tape in place (unless advised otherwise by your Breast Clinical Nurse Specialist) and then blot or dab it dry with a clean towel
- Continue to apply the tape for 6 weeks
- Please stop applying the tape if you experience irritation or any rash to your wound
- **Do not remove the tape daily as this will cause you to lose the top layer of skin cells which will affect the healing process**



Please contact the Breast Clinical Nurse Specialists with any queries or concerns about your wound on 01225 824057(Monday to Friday)

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Email ruh-tr.pals@nhs.net or telephone 01225 825656 826319