

Care of your wound: Applying Surgical Tape



After your post-surgery outpatient appointment in the Breast Unit (B3), your Breast Clinical Nurse Specialist will advise when to start applying surgical tape to your wound.

Instructions for using the tape

- Apply the tape along the length of your scar, preferably in a single strip.
- You may shower with the tape in place (unless advised otherwise by your Breast Clinical Nurse Specialist) and then blot it dry with a towel.
- Change the tape every 7 days or sooner if it comes off.
- Continue to apply the tape for 6 weeks.
- If you experience any rash or irritation to your wound whilst using the tape, please stop applying it.

Please contact your Breast Clinical Nurse Specialist with any queries or concerns on 01225 824057 from Monday to Friday 08.30am - 5pm

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Please contact the Patient Advice and Liaison Service (PALS) if you require this leaflet in a different format, or would like to feedback your experience of the hospital. Telephone 01225 825656 or Email ruh-tr.PatientAdviceandLiaisonService@nhs.net