



What you should bring into hospital.



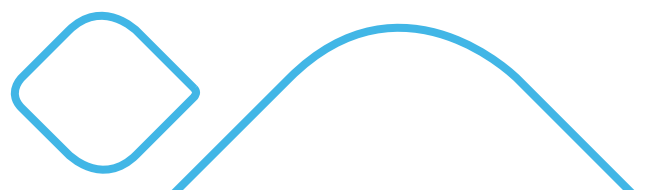
When you are coming into hospital there are some things you should bring with you. These will make your hospital stay more **comfortable**.



There is a **checklist** of the items you should bring with you into hospital. You can check you have these ready.



The checklist is not **mandatory**. This means if you do not want to bring something on the list, then you don't have to.



Hospital Checklist:



nightwear and slippers



underwear, daywear
and shoes



toothbrush, toothpaste,
soap and deodorant



sensory comforts e.g.
weighted blanket/fidgets



bath towel and a
flannel/sponge



sanitary products such
as tampons



activities e.g. books,
tablet, phone



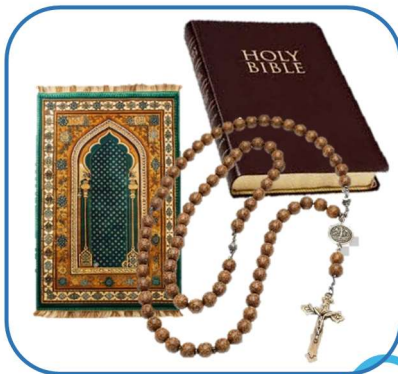
aids e.g. glasses, walking
frame, CPAP machine



phone and charger



small amount of money



spiritual items



hospital passport

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