

Mealtimes

Wards have protected mealtimes; this provides patients with uninterrupted time to eat.

You are welcome to assist or offer support to the patient during mealtimes, please speak to the nurse in charge on the relevant ward.



Patient meals are usually served between:

Breakfast: 7:00 – 8.00 a.m.

Lunch: 12:00 – 1:00 p.m.

Evening meal: 5:00 – 6:00 p.m.

Cultural, religious and special diet menus are available

