

B&NES LOCAL AND NATIONAL BEREAVEMENT SUPPORT SERVICES

BEAD

Bereaved through Alcohol and Drugs

<https://www.beadproject.org.uk>, - Tel: 0808
808 1677

BEREAVEMENT TRUST

National Freephone helpline, operating every evening of the year (6pm-10pm) - Tel: 0800 435 455

CARE FOR THE FAMILY

Christian faith based support charity.

<https://www.careforthefamily.org.uk/family-life/bereavement-support/>, - Tel: 0292 081 0800

CHILDHOOD BEREAVEMENT UK

Provides bereavement support to children, young people and families after the death of a child.

www.childbereavementuk.org – Tel: 0800 02 888 40

CLIC SERGEANT

Online advice and support for families with children with cancer diagnosis.

www.clicsargent.org.uk

COMPASSIONATE FRIENDS

For bereaved parents, siblings and grandparents. Dedicated to the support and care of those who have suffered the death of a child or children of any age and from any cause. Free postal lending library. www.tcf.org.uk Tel: 0345 123 2304

CRUSE BEREAVEMENT SUPPORT

Support can include one-to-one sessions, group work, telephone support and information sessions www.crusebath.org, Tel: 01761 417250

FRIENDS IN GRIEF

Weekly 'drop-ins' for anyone who has been bereaved in the Malmesbury, Corsham, Shepton Mallet, who have been bereaved. Contact Dorothy House Bereavement Service

<https://www.dorothyhouse.org.uk/patients-carers-families/carers/bereavement/friends-in-grief-fig/> Tel: 01225 721496

FOCUS COUNSELLING SERVICE (Bath)

Offer counselling to all and have funding available for those who are on a low income

www.focusbath.com Tel: 01225 330096

GRIEF ENCOUNTER

Bereavement support for children and young people www.griefencounter.org.uk, Tel: 0800 802 0111

GOOD GRIEF TRUST

Resource for online advice and information, extensive database for local and national signposting, film clips from those similarly bereaved www.thegoodgrieftrust.org

GOOD GRIEF PROJECT

Using films and talks, promote an understanding of what it means to grieve in a society that often has difficulty talking openly about death, dying and bereavement

www.thegoodgriefproject.co.uk

HOPE AGAIN

The youth website of Cruse Bereavement Care. A safe place where you can learn from other young people, how to cope with grief, and feel less alone. www.hopeagain.org.uk

JEWISH BEREAVEMENT COUNSELLING SERVICE

www.jbcs.org.uk, Tel: 0208 951 3881

LONDON FRIEND

LGBT Counselling service and social group support www.londonfriend.org.uk Tel: 0207 833 1674

LOSS FOUNDATION

Support for loss of someone to cancer.

www.thelossfoundation.org

MACMILLAN CANCER SUPPORT

Online bereavement support and helpline available 8am -8pm daily.

www.macmillan.org.uk, Tel: 0808 808 00 00

MUSLIM COMMUNITY HELPLINE

www.muslimcommunityhelpline.org.uk, Tel: 0208 904 8193/0209 908 6715

OFF THE RECORD (Bath)

A range of free services for young people including counselling, listening support, youth participation, advocacy and specialist groups, support for LGBT+ focused youth group -

www.offtherecord-banes.co.uk

OLIVE BRANCH (Chippenham)

Counselling and bereavement support (charged by affordability) –

www.olivebranchcounselling.org.uk Tel: 01249 443810

THE SAMARITANS

24 hour support for anyone in distress including those who are feeling

suicidal. <https://www.samaritans.org/branches/bath> Tel: 116123 (national helpline)

SUDDEN AND NEONATAL DEATH SUPPORT (SANDS)

Support for anybody affected by death of a baby -

www.sands.org.uk Tel: 0808 164 3332

SILVERLINE

The Silver Line operates a 24hour confidential, free helpline for older people across the UK.

www.thesilverline.org.uk Tel: 0800 4 70 80 90

SUE RYDER

Online bereavement support & advice, online counselling service - www.sueryder.org

SURVIVORS OF BEREAVEMENT BY SUICIDE (SOBS)

Includes specific LGBT support –

www.uksobs.org Tel: 0300 111 5065 (9am – 9pm Mon-Fri)

WALKING THRO' GRIEF

For further details contact Dorothy House Bereavement Service. Tel: 01225 721496

WAY UP

An active online self-help group aimed at providing mutual support to those who have been widowed - primarily, but not exclusively, in their 50's & 60s www.way-up.co.uk

WE HEAR YOU (WHY)

Free counselling to anyone affected or **bereaved** by cancer or other life threatening conditions, (Bath and North East Somerset, Somerset and Wiltshire) www.wehearyou.org.uk Tel: 01373 455 255

WIDOWED AND YOUNG (WAY)

Support for those aged 50 and under who have experienced the death of a partner -

www.widowedandyoung.org.uk

WINSTONS WISH

Support children and young people after the death of a parent or sibling (Bristol based). Experienced bereavement support team provide bereaved children and families with the tools to come to terms with their grief

www.winstonswish.org Tel: 0808 8020021