

# Passover



## **Passover:**

The Jewish festival of Freedom from bondage, marking the exodus from Egypt.

## **Names:**

Pesach, Festival of Freedom, Festival of Spring.

## **Dates:**

Celebrated in the spring, this year starting at Sunset, on **Wednesday, 5<sup>th</sup> April 2023**

## **Length of the festival:**

Orthodox Jews (outside of Israel) 8 days,

Liberal / Reform / Progressive Jews 7 days.

## **Greetings:**

Happy Passover **or** in Hebrew "Chag Pesach Same'ach"

## **Dietary rules:**

The Passover dietary rules restrict the use of grains that can ferment and become leavened. These grains are wheat, barley, spelt, oats and rye.

During Passover, people can only eat unleavened grains. Wheat flour is permitted only if it is baked into Matzah (unleavened bread).

## **Work:**

The beginning two days and ending two days of Passover are like Shabbat, the Jewish Sabbath, days of rest when no work takes place.

## **Seder:**

Festive meal on the eve of Passover when the Haggadah is read and symbolic food is eaten.

**Haggadah:** The book retelling the story of the exodus from Egypt; Moses, the 10 plagues.

**Relevance of Passover:** Tradition, Social Justice, Treat the stranger as you wish to be treated. The Last Supper was a Pesach meal.

