

PATIENT INSTRUCTIONS FOR ACIDIFIED 24 HOUR URINE COLLECTION

OXALATE, CITRATE and CYSTINE

**NB. A PATHOLOGY MILLENIUM LABEL, ICE LABEL or REQUEST FORM MUST BE HANDED IN WITH THE URINE COLLECTION. SAMPLES RECEIVED WITHOUT A REQUEST MAY NOT BE TESTED.**

**NB. START AND FINISH DATES AND TIMES MUST BE WRITTEN ON THE BOTTLE**

**CAUTION**

These collections require a strong acid preservative which is a clear liquid and **must not be discarded**. Please ensure the container is stored safely, upright and out of reach of children. **Avoid any skin contact with acid**. If any skin contact, wash area with excess water and seek medical advice immediately

**Preparation**

Oxalate, Citrate and Cystine collections

There are no specific dietary modifications required prior to starting the urine collection or during the collection for this test.

**Procedure**

**24 hr means a complete timed 24 hour collection of urine collected as follows:-**

- **Start Time** : On rising the patient should empty bladder as completely as possible into the **TOILET** i.e. discard it. Record this time on the container. This is the **start time** (e.g. 8 am on the 6<sup>th</sup> March)
- ALL urine passed, day or night, after the Start time, must be collected in the container for the next 24 hours, ie. Until the same time the following day.
- **Finish time**. At the finish time (eg 8am on the 7<sup>th</sup> March) you should empty your bladder as completely as possible collecting this urine in the container.
- Write this finish time on the urine container's label.
- Please also write **your** full name, date of birth, and surgery or ward details **clearly** on the 24 hr container label.
- If you have any queries or experience any problems please contact the laboratory on telephone number : (01225) 824712 (direct line)