

Press Release Date: 14.05.20

Special memory boxes created for patients at RUH Bath

Creating special memories and keepsakes for patients nearing end of life and their families has been made possible thanks to donations made by the public to The Forever Friends Appeal, the charity for the Royal United Hospitals Bath.

Memory boxes have been created and will be delivered to every ward, including the Intensive Care Unit (ICU) and Emergency Department during this year's national Dying Matters Awareness Week, 11-18 May.

Helen Meehan, Lead Nurse Palliative Care and End of Life Care said: "The coronavirus pandemic does present new challenges, but caring with compassion, kindness and respect are absolutely central to all that we do.

"Every patient matters and every family matters here at RUH Bath and we are so pleased to have the memory boxes. They will enable our staff to support patients nearing end of life and their families and we hope that the keepsakes and memories created will bring compassion, some connection and comfort."

With the theme for this year's Dying Matters week being 'Dying to be Heard', people are being encouraged to talk to their families, partners and friends and listen to their wishes if they want to talk about what is important to them. Conversations like these can be hard, but they are important to have.

Helen said: "When a loved one wants to talk about nearing end of life, it's really important that we enable them to say what is important to them and that we listen as it will bring a shared understanding of what matters to them at this time."

As well as helping patients create memories for their loved ones, the Trust has also introduced a 'keeping in touch' service and 'virtual visiting' by providing mobiles phones on all wards so families can spend time with their loved one, if they are unable to visit.

Since the beginning of the coronavirus pandemic over 150 RUH staff have received palliative care training and new COVID-19 resources have been developed by the Palliative Care Team to support staff on all wards so they can provide compassionate end of life care.

Watch more about Dying Matters Week here

For more information contact Rebecca Hedges, Marketing and Communications Officer on 01225 826282 or email: <u>Rebecca.hedges@nhs.net</u>

Notes to Editor:

- The Forever Friends Appeal is the charity for the Royal United Hospitals, Bath.
- In response to the COVID-19 situation The Forever Friends Appeal has launched an urgent Appeal
 called 'Help your hospital heroes' as our hospital has come under increased pressure at this
 extraordinary time. The money raised will be used to purchase some of the items needed for care
 packages for staff (packaged food, toiletries etc.) and as well responding to other urgent requests from
 wards and departments.
- Any local businesses who would like to donate bulk items for our staff care packages should call our
 office on 01225 825691 / 825931 and we can update you on the items we most need help with sourcing.

About the Royal United Hospitals Bath

- The Royal United Hospitals Bath NHS Foundation Trust provides acute treatment and care for a
 catchment population of around 500,000 people in Bath, and the surrounding towns and villages in North
 East Somerset and Western Wiltshire. The hospital provides healthcare to the population served by four
 Clinical Commissioning Groups: Bath & North East Somerset CCG, Wiltshire CCG, Somerset CCG and
 South Gloucestershire CCG.
- The Trust provides 759 beds and a comprehensive range of acute services including medicine and surgery, services for women and children, accident and emergency services, and diagnostic and clinical support services.
- For more information about RUH Bath visit www.ruh.nhs.uk