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Media Release

RUH Consultants top BMA's best books list

Five consultants from Bath's Royal United Hospital (RUH) made it onto the shortlist of the highly prestigious BMA Medical Book Awards.

The awards, held annually by the British Medical Association (BMA), celebrate outstanding contributions to medical literature.

RUH Consultant Anaesthetist, Professor Tim Cook was awarded the top prize in the Anaesthesia and Critical Care category as co-author of a research report into accidental anaesthetic awareness.

Professor Cook said: "This was the culmination of a three year project exploring the rare subject of awareness during general anaesthesia. It was the largest ever project of its kind – covering three million general anaesthetics from every public hospital in the UK and Ireland and drawing upon patients' experiences of this rare event. It is rather unusual for a report of this nature to be nominated for such an award, and we were delighted both to be shortlisted and to be announced as winners."

The report – entitled *Accidental Awareness during General Anaesthesia in the United Kingdom and Ireland: Report and Findings* – was described by one reviewer as 'certain to change practice around the world' and by the awards' judges as a 'game-changer'.

Consultant in Anaesthesia and Intensive Care, Professor Jerry Nolan was shortlisted for co-authoring *Key Topics in Critical Care* – a comprehensive reference handbook for clinical practice in intensive care medicine. The book received praise from the award judges for being 'well made, well structured, and well referenced.'

Consultant in Anaesthesia and Intensive Care, Andy Georgiou was also highly commended in this category for the text he co-authored entitled *Applied Anatomy for Anaesthesia and Intensive Care*. The text was described by judges as 'an essential resource for anyone studying towards postgraduate examinations in anaesthesia and intensive care medicine'.

Consultant Cardiologists Daniel Augustine and Ali Khavandi were shortlisted in the Cardiology category for their Oxford University Press title *MCQs for the Cardiology Knowledge Based Assessment* – an essential revision companion for cardiologists embarking upon their Knowledge Based Assessment (KBA). It was described as being 'the insider's guide to the KBA, to ensure [examinees] gain both the confidence and knowledge to pass.'

The RUH is proud to see its consultants commended for making recognised contributions both to their fields of practice and to the literature that informs others practicing within the health profession.

Ends



Notes to the editor:

- **2015 BMA Medical Book Awards**
www.bma.org.uk/about-the-bma/bma-library/medical-book-awards
The BMA Medical Book Awards is held each year by the British Medical Association to recognise outstanding contributions to medical literature.
- **RUH Consultants on 2015 BMA Medical Book Awards shortlist:**
All five RUH consultants co-authored titles with colleagues from other trusts and institutions.

Anaesthesia category:

Tim Cook, Consultant Anaesthetist

Accidental Awareness during General Anaesthesia in the United Kingdom and Ireland. Report and Findings

Professor Jaideep J. Pandit and Professor Tim M. Cook, and the Royal College of Anaesthetists and the Association of Anaesthetists of Great Britain & Ireland.

The Royal College of Anaesthetists (2014); ISBN: 9781900936118.

<http://www.nationalauditprojects.org.uk/NAP5report>

Winner

BMA reviewer comments:

‘Will improve care for patients worldwide and must be commended.’

Professor Jerry Nolan, Consultant in Anaesthesia and Intensive Care Medicine

Key Clinical Topics in Critical Care

Sara-Catrin Cook, Matt Thomas, Jerry Nolan, Michael Parr (editors)

JP Medical Ltd, London (2014); ISBN: 9781907816673

Highly commended

BMA reviewer comments:

‘A good value book; well made, well structured, and well referenced – a revision aid and middle-of-the-night helper!’

Professor Jerry Nolan was made Honorary Professor of Resuscitation Medicine, School of Clinical Sciences, at the University of Bristol in August 2015.

Andy Georgiou (Consultant in anaesthesia and intensive care)

Applied Anatomy for Anaesthesia and Intensive Care

Andy Georgiou, Chris Thompson and James Nickells

Cambridge University Press (2014); ISBN: 9781107401372

Highly commended

BMA reviewer comments:

‘This book should be owned by every trainee and consultant anaesthetist – they will refer to it repeatedly.’

Cardiology category:

Consultant Cardiologists, Dan Augustine and Ali Khavandi

MCQs for the Cardiology Knowledge Based Assessment

Daniel Augustine (RUH Bath); Paul Leeson (John Radcliffe Hospital) and Ali Khavandi (RUH Bath)

Oxford University Press (2014); ISBN: 9780199655519

Highly commended

BMA reviewer comments:

'It fills an obvious gap in the market: generally excellent and very good value.'

This is Daniel Augustine's second nomination for a BMA book award. The first was for the textbook *Echocardiography*, published in 2012 by Oxford University Press which was highly commended at the 2013 BMA Medical Book Awards.